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PSG nge champion ang Arsenal? P-7

Netanyahu-a'n Gaza an thunun zat 70%-a tipung turin ti P-4

BTS 'BUSAN: LIVE VIEWING' cinema hall-ah P-8

CM-in Joshua Van thingpui a inpui



Nimin tlai khan chief minister Lalduhoma chuan a office-ah Joshua Van, UFC Fly Weight Champion lai, Mizoram tlawha lo zin chu thingpui a inpui a. Mizoram a rawn tlawh avanga lawmthu hrilhin, a hlawhtlinna ropui chuan Mizo t

halaite nasa takin a fuih thu a hrilh. Mizorama a cham chhunga hun nuam tak hmang turin duhsakna a hlan bawc. Joshua Van pawhin thu tawi sawiin, "Mizo mipuiten UFC Champion in neiah lo ingnai rawh u. Mizoram hi ka ram anga ka ngaih, ka

unaute anga ka en in ni", a ti a. Hun chep tak kara inhmuhna hun a buatsaih-sak avangin chief minister lawmthu a hrilh a ni. Chief minister hi Lalnginglova Hmar, sports minister leh Lt. Col. Clement Lalhmingthanga, MLA ten an tawiawm a ni.

'CBI-in Lengpui Scam an chhui tan'

Leader of Opposition Lalchhandama Ralte chuan CBI-in Lengpui Airport atana ram lei dan dik lo chungchang an chhui t an mek niin a sawi.

Lungkawlh Community Hall-ah Zirtawpni khan Hrangturzo East Block MNF Conference neih a ni a, he hun hi hmanpuin Lalchhandama Ralte, MNF vice president ni bawc chuan, "CBI te'n Lengpui scam chhui turin document an la khawm mek a ni," a ti. "Unnati loan leh Ekta mall-te, MZP-te dodal

mek pension tawh rawih nawn chungchangte hian ZPM chhungkua boruak a nghawng hle a," a ti bawc. "Kan hotute policy leh programme an duang mek. Kan economic programme kha covid hripui avangin kan kalpui hlawhtling hman lo a, khati chung khan cheng nuai thum dawng chhungkaw tam tak an awm. Tunah hian kuthnathawktute, thalaite tan programme kan duang mek a, kan la puang chuak thuai dawn," a ti. MNF sorkar liam ta

khan sikul 180 sorkarah an senglut (provincialise) tih a sawi a, "Kum 2 leh a chanve chhung zirchian nan hun kan hmang an ti a. School 180 zinga 51 chauh Provincialise atan an pawm a. Rilru na takin school 129-te chu dinhmun hniam zawkah an lettir leh a ni. Khawntlang, nu leh pa rilru hliamin an siam tam hle a. Heng sikul an pawm tak lohte hi kan sorkar leh hunah dinhmun sang zawka kan lo dah tawh anging, hmalak zui kan tum leh nghal ang," a ti.

LR&S Minister-in chhiah pekna portal a hawng

Aizawl, May 30 Land Revenue & Settlement (LR&S) Minister B. Lalchhazova chuan nimin khan Directorate of Land Revenue & Settlement Conference Room-ah online-a chhiah pekna portal Online Tax Portal Version 2.0 - "landtax.mizoram.gov.in" a hawng.

He online portal hi Information and Communication Technology (ICT) Department-te nen tangkawpa siam a ni.

Minister Lalchhazova chuan a hmuna khawn ngai lova mipuite'n mahnia awlsam zawka chhiah an pe thei tawh tur chu lawmawm a tih thu a sawi a, khawvelin changkanna kawngah ke a pen rualin Mizo mipuiten an pen ve zel thei a ni, a ti. Ram hmasawn leh hnam zahawm ni thei turin mipuiten chhiah an pek tam a, an pek that a ngai, a ti a, Mizote chu mahni kea ding thei (self-reliant) ram ni turin LR&S Department chuan hma a la tan a, hetiang technology lama hmasawna hian India ram puma hmasawna tehna kawngah pawh dinhmun tha zawkah Mizoram chu a chawikang a, state dangte tih dan en ringawt bik lova state dang te'n min entawn ve theih nan hma lak zel a ni chu lawmawm a tih thu a sawi bawc.

Department-a Informat-ics Officer chuan technical report a pe a, Version 1 nena a danglamna lian ber chu Annual Performa hmanga siam vek a ni tawh a, hei hi kum bithliaha mipute tan chhiah pek tur zat felfai taka duanna a ni. He portal hmang hian SMS hmangin chhiah pek hun leh chhiah pe lote thinna tur duan a ni a, Bharat Bill Payment System (BBPS) Service awmna mobile app GPay, PhonePe, BHIM, Amazon Pay leh a dangte hmangin Service list atangin Land Tax leh Zoramchhiah chu Family ID emaw Ration Card No. hmangin a pek theih tawh dawn a ni.

Land Tax leh Zoramchhiah pekna atana record pawimawh Ration Card Number leh Phone Number link thar emaw link that ngaite tan office kal kher ngai lovin



portal hmangin a thehluh theih tawh dawn a. Land Tax pe tur tan Family ID hmanga pek a ngai tawh dawn a, mahni Family ID la hre lo tan portal-ah hian a zawna dah a ni. Lawngtlai leh Siaha District tih loh chu District zawng zawng an onboard tawh zawng onboard tawh zawng hmangin Land Tax leh Zoramchhiah an pe thei tawh dawn a ni.

- ▶ Land Tax leh Zoramchhiah te hi Annual Proforma behchhan a nih taka vang hian report leh estimate felfai zawk siam kawngah leh chhiah pe tha leh thalo chhinchhiah kawngah thawktute a tichhak thei dawn a ni.
- ▶ Rate leh Chhiah chaw tur zat thlak (revised) a nih pawhin harsatna a awm tawh lo.
- ▶ Surveyor leh Manual Fee collection ti thin tan pawh payment record felfai taka chhinchhiahna (Abstract Collection - Online, Manual, Cheque) belh a ni.
- ▶ Chhiah Target leh Revenue Statistics te hmui mai theihna belh a ni a, tin hard report generate na belh a ni bawc. Heng bakah hian daily collection report en na siam tel a ni.
- ▶ Periodic Patta leh House Pass (Validity neite) hi automatic-in system hian zar dar 12 pelh chiahin a block nghal zel tawh dawn a ni.
- ▶ Land Tax leh Zoramchhiah master record ah hian tihdanglam (change) awm apiang system hian a chhinchhiah zel tawh dawn bawc a ni.

Circulation Manager
7005598956

VAWIIN KHAW CHIN

Time	Forecast	Temp.
Zan dar 11 - zing dar 5		17°
Zing dar 5 - chhun dar 11		24°
Chhun dar 11 - tlai dar 5		28°
Tlai dar 5 - zan dar 11		18°

Champhai MJA president ni lai Lalhlupua, Lenrual editor chu Zirtawpni zing lam dar 7.30 vel khan a boral a, hemi ni hian thlah liam a ni.

Lalhlupua hi cancer natna vanga inenkawl a ni a, Champhai District Hospital-ah theih tawp chhuaha enkawl a nih laiin a boral a ni. Tlai dar 3-ah Champhai Venglai-a a chenna inah thlah liam a ni.

"Pu Lalhlupua hi thuthar lak khawm leh thehdarh lama mi taima leh thawh hlawk, MJA tana thahnemngai tak a ni a, MJA, Champhai District-ah President ni lai a ni. Hetiang mi hlu kan chan a mai hi a pawki kan ti a, kan ui tak zet," tiin MJA General Headquarters chuan thuchhuah an siam a, "A kalsan tak a nupui leh fate leh a lainate zawng

Editor thlah liam



zawng Pathianin awmpuini thlamuan rawh se," an ti bawc.

Lalhlupua hi 1961-a piang a ni a, Pachhunga University College at anga BA pass chhuak a ni. Zirtawpni hna bansana

chanchinbua lut a ni a, 1998-a Champhai Journalists Association a pian khan a dintute zingah a tel. MJA Champhai District-ah hian hruaitu hlun a ni a, president pawh vawi ruk a ni

tawh. Accredited Journalist a ni a, Lenrual editor a nih bakah a hun tawp thlengin All India Radio-ah correspondent a ni.

Ramngaw leh nungcha humhalh lamah pawh a inhmang a, Honorary Wildlife Warden a ni. YMA lamah pawh branch-ah leh Joint YMA Champhai te hruaitu a ni thin a, VC member atan thlan thin a ni thin a, 2009-12 khan VC president a ni. Champhai district a pian theih nana a sulsutu pawimawh a ni bawc.

1987-ah Lalrikhumi nen an innei a, fa panga leh tu pali an nei.

Lalhlupua hi MJA chhungkuaah mi pawimawh leh langsar a ni a, tlang hrang hranga chanchibumite ngainat niin, a boral thu pawh hian MJA chhungkua a thawng hle.

Ziak leh chhiarah Mizoram hnuah state panga

POST NEWS SERVICE

Mizoram hi ziak leh chhiarah thiam lamah a hmahruaitu a ni a, India ramah 100% ni pha state hmasa ber a ni. Tun hnaiah Sikkim-in 100% an thlang a, thian 100% ni thei state panga an awm ta.

Mizoram hi nikum khan ziak leh chhiarah thiam vek awmna state-ah puan a ni a, chumi hnuah Goa, Tripura, Himachal Pradesh te puan ve leh niin, tun kar Nilaini khan Sikkim an puang ve leh.

Ziak leh chhiarah thiam tam lam tehnaah hian state-a mi tinan an thiam em tih hi a enna a ni chiah lo a, Mizoram pawh ziak leh chhiarah thiam chu 98.2% an ni. Mahse ziak leh chhiarah thiam vek awmna state-ah puan a ni.

India sorkarin programe ULLAS tia sawi a duang a, Understanding Lifelong Learning for All in Society tihna a ni. Hei hi ministry of education-in National Education Policy (NEP) 2020 a enkawlina

hnuah kalpui a ni a, ULLAS hnuah chuan ziak leh chhiarah thiam vek state hi puan theih a ni.

A tehna lian chu state puma mihring 95% te'n ziak leh chhiarah thiam chuan 100% angah ngaih tur tih a ni.

Puitling ziak leh chhiarah zirtawpni lamah hian kum 15 leh a chung lam tinzawn an ni a, ziah ngawr ngawr leh a chhiarah ngawr ngawr chauh ni lovin chhiarahkawp mawl te tete (basic numeracy skill) pawh ngaih pawimawh a ni.

Mizoram dawta hian Goa chu ziak leh chhiarah thiam vek state-ah puan a ni a, May ni 30, 2025-ah puan a ni. June ni 23, 2025-ah Tripura puan a ni ve leh a, September ni 8, 2025-ah Himachal Pradesh puan a ni leh. Himachal Pradesh-ah hian ziak leh chhiarah thiam hi 99.3% a ni. Chumi hnuah tun karah Sikkim an puang ve leh.

State pangate bakah hian UT pahnih, Chandigarh leh Ladakh te chu ziak leh chhiarah thiam vekah puan a ni tawh bawc.

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75 Azadi Ka Amrit Mahotsav

Dated Aizawl, the 26th May, 2026

PUBLIC NOTICE

Memo No.C.18018/14/2024-AMC: Solid Waste Management Rules, 2026 in a tarlan leh a phut angin bawhlhlawh (Solid Waste) hi chi li (4) ah thliar hran a, a hrang theuha dah khawm, khawn leh sawng-bawl tur a ni.

DRY WASTE (TAWIH THEI LO) - A PAWL	WET WASTE (TAWIH THEI) - A HRING
<ul style="list-style-type: none"> Lehkha, Lehkhabu, Chanchinbu, Lehkha khawng leh lehkhah hmanga thil siam te. Savun hmanga thil siam leh Rexine chi zawng zawng. Thir lam chi zawng zawng. Ei tur leh in tur siamsa funna bur leh can te. Meizial leh Cigarette bung leh a bawm te. Sam leh ran hmul Tyre chhia. Rubber, Kutkawr, Polythene leh Plastic lam chi zawng zawng. Disposal Plate & Cup. Carpet chhia. Satha Ip lam chi zawng zawng Puan leh thumhna chhia Kuhva leh Coconut kawr. Thermocol, Styrofoam, etc. 	<ul style="list-style-type: none"> Choka ningnawi. Chaw/Chawhmeh eina leh siamna ningnawi. Thei leh a pil Pangpar, thlai rah, a hnah leh a kuang. Mautuai leh rawtuia khehna. Mautuai leh rawtuai khehna. Hnahthel (A tang telloin). Sa lam chi reng reng leh sa ruh liante.
SANITARY WASTE - A SEN	SPECIAL CARE WASTE - A DUM
<ul style="list-style-type: none"> Diaper hman hnu. Sanitary towels or Napkins. Condom, Tampons Nau zun pha, etc. 	<ul style="list-style-type: none"> Rawngbur chhia. Rannung thahna hlo bur ruak. Electric bulb chhia. Damdawi thi. Thermometer chhia. Battery chhia. Hriaun hman hnu. Khawl chhia, etc.

Supreme Court Order ni 19.02.2026 (Civil Appeal 6147/2023 & 7728/2023) a sawi angin Solid Waste Management Rules, 2026 dan thar, zawm lo te chu a hnuah tarlan angin an chungah hremna kenkawh a ni ang. -

- Bawhlhlawh siamtu emaw vantlang/khawntlang thuneitu tupawh dan vawikhat a bawhchhiat atangin pawisa chaw tur nghal theih a ni.
- Thu an awih loh chhunzawm zel chuan Environmental Law hnuah Criminal Prosecution an tuar thei ang.
- Criminal Prosecution hian dan bawhchhetu tupawh, official chenin dan an bawhchhiat emaw an tih tur an tih loh emaw thlengin a huam thei ang.

Sd/- Joseph H Lalramsanga
Municipal Commissioner
Aizawl Municipal Corporation

Healthcare-ah Congress nena khaikhin turin sawm

Ex MLA R Vanlalvena, MPCC general secretary chuan healthcare-ah ZPM sorkar hi Congress sorkar nena khaikhin turin mipui a sawm.

Zirtawpni-a Bhavan-a Political Session an neihah R Vanlalvena hian thu a sawi a, "Mizo mipuite hian Healthcare-ah hian ZPM sorkar hi MNF nen tehkhin lovin, kum 2014-2018 Congress sorkar nen kham min khaikhin rawh u," a ti.

"Congress sorkar lai-in Healthcare-ah inziakluh man Rs 500, Rs 750 leh Rs 1000 a nih laiin, damdawi in zawng zawngah bill leh theih vek a ni. Sorkar hnathawkten MR Bill theihna an neih avangin Healthcare-ah

inziakluh ve a ngai lo a, Kohran te'n inziak lut tura veng tinah an buaipui pawh ngai lovin mi nuai chuang an inziak lut thin. Healthcare-a mahni dang inziaklut tura tih reng a, a thatna fak reng ai chuan kan miniter leh MLA-te hi inziaklut rawh se," a ti bawh.

2028-ah an sorkar a nih chuan Aizawl khawpuih 80%-in mahni pual chenna tur in an neih t heuh theihna turin hma an la dawn tih a sawi a, chhungkaw pakhat LSC neih theih zat pawh bithlah an tum dawn tih a sawi.

Thil man to lutuk tihhnam nan sorkarin tualtheia chhiah a lak titawp turin sorkar an

phut tih a sawi a, "Mipui retheih em em laia an party office tur cheng nuai sang chuanga an lei nia sawi hi mipui zahlohna a ni. Kum hnih vel sawrkar chauh hian engtin nge khawl pawh an khawl hman?" a ti.

"Chief Minister in an sawrkar hmaa a sawi pakhat chu Restricted Tender te hi kan ti ve lovang a ti kuk kuk thin a nih kha. Assembly Session-ah zawhna 3000 chuanga awm kha ka han bih a, Restricted Tender an tih nasatzia ka hmu. Restricted Tender hi department 11-ah an lo ti a, a theih zawng zawngah hian Restricted Tender hi an ti emaw tih mai tur a ni. Restricted tender hmanga contract

hna inpek hi 'Minister leh a duhsak zawngte nena a ruka remchang insiamtawna' an ti t hin. Kan Minister-te hian an department chanah hian an ti deuh vek a, an hausa hlawm ngawt ang. Thenkhat report kan dawnah phei chuan tun bak sawrkar a tum lo a ni ang tih tur khawpa khawsa te an awm a ni awm e. Mipui tana thahnemngai taka thawk anga an in lantir lai hian Restricted Tender hmangin hna an inpe duh tho a, sawi duh leh sawi duh lo lam an nei thin hi a pawl," R Vanlalvena chuan a ti.

Sorkar-in sikul 51 a dahnghehte (provincialise) an lawmpui thu sawiin, "Sorkar school

awm sa 1578 nen 1630 kan nei ta a, College 30, University leh Medical College nen. Tun kuma Doctor passed thar 96 te Congress party-in thinlung tak in kan lawmpui. An kal leh zelna turah duhsakna kan hlan a ni.

"India ram hmun hrang hrang kan Missionary-te'n tihduhdahna an tawh nasa em em a, Kristiante tihduhdahna hluar hlein, an Krismas hman vena tur an cheite tihchhiatsak a nih bakah, kan Pastor bawng ek te an eitir a nih kha. Kristian mangang uthawm avangin India ramah Congress party a tho leh dawn, Mizoram hi a bul intanna tur a ni ang," a ti bawh.

Joshua Van-a'n Aizawl a thleng



UFC flyweight champion Joshua Van-a'n Zirtawpni khan Aizawl a thleng a, Lengpui Airport-ah amah ngai-sangtute'n an lo hmuak.

Joshua Van hian December ni 6, 2025 khan Alexandre Pantoja a hneh a, flyweight-ah kum 24 mi niin world champion a ni; world champion ni tawhte zinga naupang ber dawttu a ni bawh. May ni 9 khan Japan MMA fighter lar Tatsuro Taira hnehin champion a nihna a hhumh a ni.

A lai ah hming chu Joshua Van Bawi Thawng a ni a, May ni 30 zana

R Dengthuma Hall-ah MISMA buatsaih Fight Night-ah Special Guest a ni dawn a, chumi tur chuan Mizoram hi a rawn kal a ni.

Joshua hi Zo hnathlak, Chin mi a ni a, Khenglawt chi a ni. Myanmar-a Hakha khuua piang a ni a, USA-ah an raltlan a, UFC lamah kalin a hlawhtling mek.

USA-ah hian Houston-ah an cheng a, raltlan ni chungarim taka a beihnate hian mi rilru a hneh hle. Kum 10 mi a nih laiin an raltlan a, Malaysia-a an awm phawt hnuah kum 12 a nih laiin USA-ah a lut a ni. Kris-

tian tha a ni a, a inkhelhna hmunah pawh Isua hming a lam ri thin.

A naupan laia Chin state atanga tlanchhiat-pui, USA-a inbengbel a ni a, Mizo (Duhlian) t awng a thiam meuh lo nia hriat a ni. Amaheraw-hchu, Hakha/Lai tawng leh Duhlian hi a inhnaih avangin Mizo tawng pawh a hrethiam teuh a, amah hian thiam tumin a theih ang angin a zir ve bawh tih thu dawn a ni.

2001-a piang a ni a, ft 5.5-a sang a ni. UFC-ah chuan a huaisen em avangin "fearless fighter" tiin an sawi thin.

MoS Tokhan Sahu-a'n Champhai hmun hrang hrang a tlawh



Union Minister of State for Housing & Urban Affairs, Govt. of India Tokhan Sahu chuan nimin khan Champhai hmun hrang hrang a tlawh.

Union minister hian Pradhan Mantri Awas Yojana - Urban (PMAY-U) hnuaiia Champhai Zote khuua in sak tanpuina dawngtute in sak a hmunah a en a, in sak tanpuina sum an dawn hmanga in tha tak tak an din thei chu lawmawm a tih thu a sawi a, in neitute pawhin mahni puala in nei lo te'n in tha tak an neih theihna tura Prime Minister Narendra Modi-a hmalakna ah lawmthu an sawi ve bawh.

Zote a tlawh zawh hian Champhai District Hospital a tlawh leh ngahal a, District Medi-

cal Superintendent Dr. Zatlunga leh Staff dang ten an lo dawngsawng a, Hospital chhung hmun hrang hrang fang a fang kual a, hospital kalphung te hnathawkte hian an hrilhfiah ngahal a ni.

Kahrawt Anganwadi pawh tlawhin thawktute leh naupang nu leh pa ten an lo dawngsawng a, Minister hian ni tin wadi an kal em tih leh harsatna an neih te a zawt a, Anganwadi thawktute pawhin Anganwadi mamawhte an lo thlen bawh.

Hemi hnu hian Sakti Sada, Champhai Vengthlang ami chu a tlawh leh a, he hmun hi hmeichhia pasal then avanga awmna nei lote awmna a nih bakah hmeichhia hleilenna tuar te enkawlna hmun a ni a, enkawl mek hmeichhiate hian an

fate an awmpui ve bawh a ni. MoS Tokhan Sahu-a chuan hna an thawh dan leh Shakti Sadan an kalpui dan tlangpui a zawt a, thawktute hian he hmuna awm te hi harsatna khirh tak tawh hmeichhiate an nih thin thu leh kum thum chhung an awm theih thu te, thla 3 atanga thla 6 chhung chauh awm te an awm thu an lo hrilh a, tanpuina pawisa fai a hlan bawh.

Union Minister hian Keilungliah khuah a tlawh ngahal a, he hmunah hian PHE Department te chuan lo hmuakin Keilungliah khuah a nih theihna tura hmalakna te, hmalakna tur hmachawp la awm mek te an lo hrilhfiah a ni. Keilungliah Khuah a tlawh hnu hian nimin tlai khan Aizawl panin a let leh a ni.

ZMC&H governing body thukhawm

Nimin khan CM Conference Hall-ah Zoram Medical College & Hospital Governing Body te chu an chairman Lalduhoma, Chief Minister hovin an thukhawm a. Dr. Vanlalhlana, Education Minister, Lalrinpui, Health Minister, Baryl Vanneihsang, bialtu MLA leh member dangte an tel.

Meeting-ah hian Department of Physical Medicine & Rehabilitation, Medical College-a Department awm ngei ngei tura National Medical Commission-in a tihah doctor pakhat chauh awm mek chu a ranglama siam fel ni se an ti. Doctor hian clinical leh faculty mawhpurhna a la kawp a ni.

Critical Care Block hi CSR atanga sak mek a ni a. Equipments pawh an nei ngahal dawn a. He Critical Care block hi a hman theih huna tangkai taka hman dan tur sawi ho a ni.

ZMC&H tihchangtlunna tur proposal, MPLAN lama dahluh tawhte thlirhona neih ngahal a ni a. Governing Body hian heng project-te a ngaihpaawimawh hmasak dan indawt (priority list) a siam a ni.

Kum hnih liam ta chhungin ZMC&H-ah hian Cabin thar 30 leh ICU thar 13 siam a ni a. ICU bik chu a hlui thawm thate pawh an awm a. Khum hman theih loh tam tham tak siam that a ni tawh bawh a. Tunah hian khum 517 neinin Mizorama Hospital lian ber a ni.

October 2024 khan Post Graduate zirna seat 10 hawn thar a ni a, mi pakuain an zir mek a ni.

'New Age Tech Skills Centre'

School Education Minister Dr. Vanlalhlana chuan nimin khan Government Comprehensive Model School, Model Veng, Aizawl-ah Northeast-a a hmasa ber ni turin "New Age Tech Skills Centre" a hawng.

He centre hi Bharat Forge Ltd. CSR (Corporate Social Responsibility) atanga din a ni a. Bharat Forge Ltd. hi forging leh defence siam chhuah lama khawvel hriat hlawn an ni. Project technical partner chu SimuSoft Technologies a ni a, anni hian centre siamremna, training leh curriculum buatsaih lamah hma an la a. School Education Department, Government of Mizoram

nen tangkawpin kalpui a ni. He project hi June 2025-a Aizawl Confederation of Indian Industry leh CSR Cell, Government of Mizoram te'n an buatsaih CSR workshop atanga lo intan a ni.

New Age Tech Skills Centre hi Mizoram leh Northeast pumpuiah school level-a technology skills lab hmasa ber a ni a. Bharat Forge CSR support leh SimuSoft Technologies technical expertise hmangin zir-laitte chuan Artificial Intelligence (AI), Robotics, Internet of Things (IoT), 3D Printing, CAD, CNC Simulation leh Drone Technology ang chi technology tharte an zir dawn a ni.

Larsap-in zir-laitte a kawm

Mizoram Larsap General Vijay Kumar Singh chuan nimin khan Post Matric Scheduled Tribe Scholarship Scheme hnuaiia hamthatna dawngtu zir-laitte chu Durbar Hall, Lok Bhavan-ah a kawm. He inkawmhona hi Janjatiya Garima Utsav 2026 hnuaiia "Birsas Lives in New Bharat Week" kaltlanga buatsaih a ni.

Larsap chuan zir-laitte lang tlang taka an tawnhriat leh harsatna tawhte a hnen an thlen chu lawmawm a tih thu sawiin, scholarship chu sum leh paia inpuihna mai ni lo, mawhpurhna keng tel a nih thu a sawi a. Sawrkar laipuiin tribal-te hmasawn nan theitawp a chhuah thu sawiin, zir-laitte chu tribal scholarship leh scheme dangte midangte hrilh hriat theh darhtu Ambassador nih tum turin a fuh a. Tribal-te zirna chawisan nan school tha tak tak Eklayva Model Residential School, Jawahar

Navodaya Vidyalaya leh Kendriya Vidyalaya-te chhawr tangkai a tul thu a sawi bawh.

Larsap chuan tribal mihuaisen Bhagwan Birsa Munda chanchin entawntlak tak takte tarlangin, Mizote pawhin hetiang anga tribal mihuaisen lar tak tak Lalnu Ropuiliani, Pasaltha Khuangchera leh adangte kan neih thu a sawi a. Ram inngahna zir-laitte chu Digital India hmalakna ngaipawimawha lehkhah pek hman ti tlem turin a chah a. Scholarship chuan ken tel a neih thu sawiin, lehkhah zir taimak, entawntlak taka nun leh exam tura tha taka inpuahchahte, chhungkua, state leh ram dah pawimawhte bakah midang puih duhna putte a ken tel thu a sawi bawh.

Zir-laitte chuan Post Matric Scheduled Tribe Scholarship Scheme siamtu sawrkar chhungah lawmthu sawiin, abik takin chhungkaw harsa leh

thingtlanga chengte tan a tangkai lehzuat thu an sawi a. An tawnhriat leh harsatna neithe sawi chhuah theihna hun tha tak siam saktu Larsap chhungah lawmthu an sawi bawh

Larsap hnen zir-laitte ten harsatna an thlen zingah hian a hun taka scholarship a lut thin lo chuan admission fee, zir-laitte leina leh tul dangah harsatna a thlen thute, zirna senso sang zela scholarship pung ve se an duh thute, online application awlsam leh rang zawk bakah Aadhaar leh bank account thlunzawma harsatna tawhte an thlen a. Scholarship bik buaipuina tur help desk bank branch zawng zawng dah an duh thute, tribal zir-laitte ST Scholarship dawng theite hmaih an awm loh nan awareness campaign nasa zawka neih tha an tih thute bakah, form submit laia senso awmte tih bo emaw, tih tlem nise an duh thute an thlen a ni.

Olympic 2036 thlirin thukhawm

Aizawl District Sports Committee chu nimin khan Zoremsiam Hmar Addl. DC leh F. Lalnisai. Asst. DC te kaihruaiin an thukhawm a, India ramin Olympic 2036 thlen tumin hma a lak mek denchenhin Olympic 2036-a

Aizawl district atanga infiam mite an tel ve theih ngeina turin hmalak nise tih an rel. Aizawl district pualin 21-31 July, 2026 chhungin Vikshit Bharat Sports Festival-2026 nei turin ruahmanna siam a ni bawh. Vikshit Bharat

Sports Festival-2026 hi kum 17 hnuai lam tan buatsaih nise tiin rel a ni. Organsing Committee din a ni a, Aizawl District Sports Committee hnuaiia hian Sports Discipline 21 inziak lut an awm a ni.

THLUAK SAWIZAWINA

AZP CROSSWORD NO. 4031

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PHEI : 2. thlai rah hming, 6. kawkil/ni chhuahna (hla thu), 7. awt, 10. mumal lo, 11. sazu te tak te, 13. hmawng lam chi thing, 16. tirem, 17. ngaihngam lo, 18. ril phawh/ril puah, 20. nula leh tlangval inru dan anga innei tha

CHHUK : 1. kalna apianga kal ve (hla thu), 3. chakai ketang phuarkhawm, 4. sava chi khat, 5. nungcha thenkhat chenna, 8. thil siam thiam, 9. tak nei lo, 11. chini ang tak thlum lo, 12. ar chi khat (hmul letling nei), 14. run (chenna), 15. thing a rah punna damdawi, 19. nawhchizuar

No. 4030 chhanna

	S	I	A	P	S	U	A	P		
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SuDoKu

No. 4033

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SuDoKu

Khelh dan tur:

Number 1 atanga 9 dahkhah tur a ni a, number inang, a inzawnnin dah awih a ni lovang, thluak hmanga uluk taka ngaih-tuah tur a ni e.

SuDoKu No. 4032 chhanna

4	3	6	9	8	2	1	7	5
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3	7	9	2	4	8	5	1	6
1	5	2	6	3	7	4	8	9
6	4	8	1	9	5	3	2	7

Mizoramah World No Tobacco Day hmang Meizuk phallohna hmuna meizu mi 7580 man tawh

World No Tobacco Day chu nimin khan National Tobacco Control Programme Mizoram buatsaihin Mizoram district hrang hrang hman a ni. Kumin World No Tobacco Day May ni 31, Pathiania a tlak avangin Mizoramah chuan nimin khan hman a ni a. WHO-in World No Tobacco Day theme a thlan chu "Unmasking the appeal - countering nicotine and tobacco addiction" ti h ni. World No Tobacco Day hi Aizawl-ah chuan DHME Auditorium-ah Dr. R. Lal-

chuanawma, Mission Director, National Health Mission, Mizoram kaihruaiin neih a ni a, thawktute chu health care providers (Doctor, nurse, HW etc) kan nih angin mahni fihlim thei ila, health facility te 100% tobacco free ni zel thei se, home visit etc kan neih t hinnaah te zirtirna uar zel ila, generation thar (Tobacco Free) kan neih theihna turin tan lak a pawimawh, a ti. R. Lalremruata, State Consultant, NTCPC chuan WNTD theme hmangin presentation a pe a, Health Dept-a thawktute, teach-

ers, dan kengkawhtu te leh NGO pawl hrang hrangah zuk leh hmuam thar lohzia inzirtirna training vawi 107 buatsaihin tawh niin school leh institution hrang hrangah awareness programme vawi 204 neih tawh a ni a, meizuk phallohna hmuna meizu mi 7580 man a nih tawh thu a sawi a. E-Cigarette (Vape) chi hrang hrang leh hriselna atana a thar lohzia a sawi bawh. Dr. Zoramthangi Renthle, State Nodal Officer, NTCPC chuan pledge (vaihlo zuk leh hmuam dona lam) kaihruai a. ISTHM President Pu VL Vela'n thu a sawi a ni. WHO tarlan danin tobacco industry lam hian t hangthar ten vaihlo zuk leh

hmuam hman nachang an hri-at theih nan chin dan thar tam tak a rawn chhawp chhuak t hin a. Kum engemawti atang khan khawvelin vaihlo zuk leh hmuam thar lohna a hria a, a buaipui chhoh atangin vaihlo zuk leh hmuam siam-chhuaktute hian thangthar zawkte hip nan leh tichhin an chak nan a tuamna thlengin mit la thei tur te in an buatsaihin ta a. Hemi bakah hian flavor hrang hrangte a siam a ching chho ta a, hei hian thangtharte a hip thei a ni. Mizoramah chuan mouth fresher tiin Shikhar ei ching thalaite zingah an tam a. Shikhar hian bawm hnan pawl tur a chhawm a, hei hi vaihlo a ni a, a pawl tel lo hi chuan an ei tha peih hlawm meuh lo. Vaihloah

hian nicotine a tel avangin ngaih (addict) a awlsam a, hman tawh chuan bansan leh mai a har em em a, tichhin loh a him ber. Tunlai khawvelah meizuk bansan nan tiin Electronic Cigarette (E-Cigarette)/Vapes te in an siam chhuak a, he thilah hian nicotine tel lo tiin flavor hrang hrang an rawn siam chhuak a, t hangtharte zuk leh hmuam hman tanna kailawn a ni thei a ni. Mizoram neigai pawl hmang an tam a. Heng E-cigarette/Vapes te hi Prohibition of Electronic Cigarette Act 2019 hnuaiha India ram pumah zawh chhuah, sem darh, laklul etc. khap lat a ni a; lo zuar ru an awm chuan dan bawhchhia an ni a hrem theih an ni.

Mizotaxi app peih fel a ni

Mizoram chhunga Passenger phur chi lirthei-a chuang thin te'n sorkar approved rate diktak an chawwi theihna atana Mizoram leh Digiride Technology Pvt. Ltd., NIT(Mizoram) te tangkawpin an duan Mizotaxi mobile app chu peih fel a ni ta tiin nimin khan Secretary State Transport Authority Mizoram chuan thuchhuah a siam. Sorkar duh dan angin Aizawl khawpui chhungah bul tan phawt tur a ni ang

a, tahtawlin district dangah pawl kalpui chhoh zel tum a ni. Aizawl khawpui chhungah hian 'Mizotaxi' app hi July ni 1, 2026 at anga hman tan tur a ni a. Chuvangin, Aizawl khawpui chhunga service lai 4-wheeler taxi te, 2-wheeler taxi leh Autorickshaw zawng zawng te chu June 2026 chhungin Mizotaxi Office, DTO(L.A) Office hnuai, Transport Complex, Chaltlangah registra-

tion tife vek tura ngen leh hriattir an ni. June 2026 chhunga in-register te tan registration fee hi kum khatah Rs 600/- (Rs.50 per month) a ni ang a, hemi hnu lama in-register te chu Rs 1000/- an pek a ngai tawh ang. Mizotaxi application hi playstore/appstore ah download theih turin dahfel a ni tawh a, a hman tan theih hun chu July ni 1, 2026 atangin a ni ang.

A&C minister-in MUP leng-khawm zai intihsiak a hmanpui

Nimin khan Art & Culture Dept leh M.U.P. Gen. Hqrs tangkawp buatsaihin M.U.P Lengkhawm Zai Intihsiak 2026 chu Vanapa Hall ah neih a ni a; Art & Culture Minister C Lalsawivunga khuallian a ni. Minister C. Lalsawivunga chuan MUP te khawtlang leh ram tana rohlu an ni tih inbre reng turin a chah a. Inkiltawih loa thangtharte kaihruai ni turin a fuh a. Zo nun ze mawi - aia upa zah thiam kawngah an tu leh fate kaihruai, zirtirtu ni tur leh Mizo culture vawngung zel turin a sawm a ni. Lengkhawm Zai Intihsiak hi nimin nieng khan neih a ni a. Aizawl khawpui chhunga M.U.P. Area Level

a intihsiakna neih pakhatna theuh branch 14 te an intihsiak a. Chawhma lam hi intihsiakna hun bik atana hman niin Art & Culture Director Carol VLMS Dawngkimi chuan inkhawm a kaihruai a. Chawhnu lamah result puan leh lawmman semna hun hman a ni. Lawmman dawngtute: 1-na - Mission Vengthlang; 2-na - Bungkawng; 3-na - Armed Veng. Mimala lawmman latute: Khuangpui - H. Lalmuana, Laipuitlang Br.; Khuangte - Vanlalhala Khiantge, Bungkawng Br.; Hla hriil thiam ber - Lalrinsiami Colney, Mission Vengthlang Br.; Member kal tam ber - Zemabawng Branch (102)

Florence Nightingale Award dawngtute lawmpui

Nimin khan Lunglei District Senior Chief Medical Officer (SCMO) Staff Welfare chuan Lunglei SCMO Conference Hall-ah India ram puma nurse hna thawktute chawimawina, National Florence Nightingale Award dawngtute - Vanlalthuami (Health Supervisor, Ayush Health & Wellness Centre, Theiriat)

leh Lalenthangi Hnamte (Health Worker, Ayush Health & Wellness Centre, Tuichawng) te pualin lawmpuina hun an buatsaihin. Lunglei SCMO Dr Lalrinthangi chuan Lunglei District atanga India ram pum huapa hna thawktute chawimawina dawng thei an awm chu chuanawm leh lawmawm a tih thu sawiin,

mi dang pawhin entawn zel turin a chah a. Hriselna lama thawktute chu mipuite tan an pawimawhna hre chiang a, mahni hna theuh rinawm leh thahnem ngai taka thawktute turin a fuh bawh. Award dawngtute hi SCMO Staff Welfare hmangin chawimawina thuziak leh thilpek hlan an ni.

MBSE-ah PARAKH Cell hawng

Nimin khan Mizoram Board of School Education, Chaltlangah Performance Assessment, Review and Analysis of Knowledge for Holistic Development (PARAKH) Cell hawng a ni. He huna khuallian School Education Minister Dr. Vanlalthuami chuan PARAKH hmalaknaa 'Review leh Analysis of Knowl-

edge' pawimawh a tih thu a sawi a. Tuna hna kal tam tak buaipui a nih zawhah nasa lehzuala hemi kawngah hmalak a nih theih tur thu a sawi. Khualzahawm Prof. Indrani Bhaduri, CEO & Head, PARAKH, NCERT, New Delhi chuan video conference kaltlangin PARAKH pawimawhna leh National Education Policy 2020-in as-

essment system a ruahman dan te a sawi a. PARAKH chu National Assessment Centre atan Ministry of Education hnuaiha NCERT campus chhunga din a nih thu leh India rama Education Board te assessment system intluktlang zawka kalpui leh competency-based assessment kalpui thei tura buatsaihin chu PARAKH tum a ni, a ti.

KA THI TEP, ADMIT KA QUALIFY E!

Vanlalrema Vantawl

(phek 5-na zawmna...)

lian tak, mipui nghawng nghal a nih avangin MSHCS-ah pawl hnathawh lam an indaih lo a nih chuan lak belh a ngai tihna a ni a. Tu pawl sawrkar sela he policy hi chhunzawm zel tlak a ni a, thil nghet awm reng tur anga rilru siamna chi a ni. An office te pawl a inkal thelh deuh nuai a, pum bilh tir law law a, remchang zawk siamsak an mamawh zawkin a lang a. Tun dinhmunah chuan midang thik phak an ni chiah lo.

Dam mawh hritlante chu mihring chungah thleng t hin a ni ve hrim hrim a, tun anga MUHCS in non-empanelled-a emergency case enkawl theih a tih zim zel chuan a tuar bertu chu mipui tho an ni a. He scheme lei si hmang thei lo an awm fo dawn a, lungawi lo pawl an pung zel ang a, nunna chan an awm palh phei chuan a pawl dawn em mai. Ka'n sawi ang hi a thlen fo chuan hun a rei anga MUHCS hlutna a nep thei a. A nih loh vek chuan sawrkar hian a damdawi in neithe a rang lama a thuum thar zawt zawt a ngai tihna a ni mai.

MUHCS hi mi tin huapin hlawhtling se kan duh vek a, a tha zawk tur zawn kawngah tha thlah loh hun pawimawh lai tak a ni. He scheme hi tha lehzuai thei a ni a, enkawl fuh loh chuan hun a liam zel anga, 'a fuh teuh asin maw le' kan tih palh kil khat atangin ka'n lo hlau ve a nih hi.

AGENCY SHOW ROOM ETC TUR DUH TAN

Sumdawng tak tak duh tan Aizawl chhimlam, World Bank road an ah building - floor li (4), parking tha tak awm luah duh tan a awm e. Luah man chu inbiakremna a ni ang.

Contact : 9862590202 (30-26) 7005449262

CHANGE OF NAME

I, Gospel Laldinpuii d/o Vanlalsiamia formerly known as Gospel Laldinpuii Sailo have changed my name to Gospel Laldinpuii by the consent of the magistrate.

CHANGE OF NAME

I, Udit Prakash Rai, have changed my daughter Avni Rai's name on her Aadhaar card, which was mistakenly written as Merrai Rai to Avni Rai, with the consent of the Notary Public, Aizawl, Mizoram.

Directorate of Animal Husbandry & Veterinary
Khatla Bungkawng Road
Ph : 0389 - 2334451 / 2333514
EPABX : 0389 - 2334395
Fax : 0389 - 2333234
Email : directorvetymiz@gmail.com

NO. A. 45013/1/2025-DTE(AH&V)/Ext
GOVERNMENT OF MIZORAM
DIRECTORATE OF ANIMAL HUSBANDRY AND VETERINARY
MIZORAM : AIZAWL

Dated Aizawl, the 18th May, 2026

ADVERTISEMENT

Kum 2026-2028 Academic Session a Elementary Course in Animal Husbandry and Veterinary Science, Class-XII (HSSLC) pass chin, zir duhte tan mahni awmna District A.H. & Vety Officer Office ah dilna Form Rs. 50/- chawiin lakchhuah theih a ni. Dilna Form hi 12th June, 2026 thleng mahni Form lakchhuahnaah thelulh theih a ni ang.

Sd/-
(Dr. LALROTLUANGA SAILO)
Director
A.H. & Veterinary Department
Mizoram : Aizawl

IPR No. 51 (5-4)

ABBREVIATED FORM OF WALK IN INTERVIEW NOTICE

Department of Sericulture, Govt. of Mizoram will deploy two Master Weaver for development of Post Cocoon Technology under Silk Samagra vide CSB letter No. CSB/CSTRI/PMC/Master Reelers/2026-27/Vol-III dt. 19.05.2026.

Interest person fulfilling requisite criteria primarily on Silk Weaving are invited to appear for interview at Directorate of Sericulture, Chaltlang, Aizawl on 04.06.2026 at 11:00 AM without fail.

Details can be obtained from the undersigned during office hours.

Sd/-
(LALRINAWMA)
Director of Sericulture
Mizoram : Aizawl

IPR No. 68 (2-1)

RAWNGBAWL HNA RUAK DIL THEIH

A hnuaiha tarlan rawngbawl hna hi Mizoram Presbyterian Kohhran hnuaiha a ruak a. Mizoram Presbyterian Kohhran mi, rawngbawl tura Pathian kohna hria, kum 18-35 inkâr, ni 9.7.2026-a kum 18 pum tawh, kum 35 la pumhlum lo, zuk leh hmuam leh ruih theih thila fihlim tan dil theih a ni. Dilna Form leh Tualchung Kohhran Confidential Report Form hi Synod Service Board Office, Aizawl leh Synod Office, Lunglei atangin ni 2.6.2026 (Thawhlejni) atangin lak theih a ni ang. Dilna hi Synod Service Board Office, Aizawl-ah thelulh tur a ni a, dilna form man `20/- a ni. Dilna form-ah hriat tur pawimawh tarlan a ni ang.

SYNOD HIGHER SECONDARY SCHOOL-A THAWK TUR

Hna hmang : Laboratory Bearer (Contract), Post 1
Thiamna : HSLC of any recognised board.
Hlawh : Synod hnuaiha Laboratory Bearer (contract) hlawh

Dil theih hun chhung : Ni 29.6.2026 (Thawhtanni) dar 3 p.m. thleng
Written test hun : Ni 3.7.2026 (Zirtawpni) Dar 10:30 a.m.
Interview hun : Ni 9.7.2026 (Ningani) Dar 10:30 a.m.

Sd/- (REV. V.L. LUAIA HRANLEH)
Secretary
Synod Service Board
(3-2)

National Institute of Electronics & Information Technology
Deemed to be University under Distinct Category
AIZAWL CENTRE
Ministry of Electronics & Information Technology, Govt. of India
Industrial Estate, Zuanngtui, Aizawl- 796 017

ADMISSION OPEN FOR 2026 AT NIELIT AIZAWL

(Tuition Fee FREE for SC & ST)
National Institute of Electronics and Information Technology (NIELIT) is a Deemed to be University under the Distinct Category as per UGC (Institution Deemed to be Universities) Regulations, 2023. It is the only University under the Ministry of Electronics and Information Technology, Government of India. The University offers Electronics and IT programs at UG, PG and Diploma levels, which are Research and Industry-relevant across its main campus and 11 other Constituent Units.

NIELIT Aizawl opens Admission for Academic Session 2026-2027 as details below:

1. Diploma in Computer Science & Engineering (DCSE)	Eligibility: 10 Passed	Few Seats Available
2. Diploma in Electronics & Telecommunication Engineering (DETE)	Eligibility: 12 Passed (Any Stream)	Few Seats Available
3. Bachelor of Computer Applications (BCA)	Eligibility: Any Graduate (Math in 12 or Graduation)	
4. Master of Computer Applications (MCA)	Eligibility: B.E/B.Tech/M.Sc./MCA	
5. BTech Computer Science & Engineering (AI&ML)	Eligibility: 12 Passed (Physics, Math)	
6. BTech Internet of Things (IoT)	Eligibility: B.E/B.Tech/M.Sc./MCA	
7. MTech (Artificial Intelligence)	Eligibility: 50% of seats	
8. PhD in Computer Sc. & Engineering / Computer Sc. & Applications	CCMT (50% of Seats)	https://ccmt.admissions.nic.in

Tentative Schedule and Admission

Course	Mode of Admission	Registration	Entrance Date
BCA, DCSE, DETE	NIELIT Entrance	Till 15 June, 2026	17 Jun 2026
MCA	NIELIT Entrance	19 Mar - 12 Jun 2026	17 Jun 2026
BTech CSE (AI&ML)	JoSAA, CSAB, NIELIT Entrance	https://csab.nic.in, https://josaa.nic.in	
BTech (IoT)	NIELIT Entrance		
MTech (AI)	NIELIT Entrance (50% of seats)	19 Mar - 12 Jun 2026	17 Jun 2026
PhD	Registration Open. Entrance Date to be notified soon		

For Application and more information, visit <https://nielit.ac.in>
Helpline Numbers: 8259022647 / 8974579126 / 9862888307
or Scan QR Code

Myanmar President Hlaing-a'n India tlawh dawn

Myanmar President Min Aung Hlaing-a chu Inrinni hian India tlawh turin a thleng dawn a, thenawm rama inthlanpui neih hnuaw sorkar thar siam a nih hnuaw a wavi khatna tur a ni a, inpalaina leh cibara inlaichinna tihchak tumna a ni.



Hlaing-a hi Nilaini thleng India-ah a cham dawn a, cabinet minister leh sumdawng hruaitu eng emaw telna palaiten an zui dawn a. A hmam New Delhi-ah Thawhtannia International Big Cat Alliance Summit-a tel tura zin tum a ni a, summit hi sawn hlat a ni thung.

Hlaing-a hian March thla kham Myanmar president thlanna chuh turin sipai a chawhlsan a, Thawhtannia Prime Minister Narendra Modi-a nen inbiam ram pahnihte inlaichinna tihchak lehzualna tur an sawi dun dawn a. Business forum-ah pawh a tel dawn tih

uan Ningani khan a puang.

Inrinni hian Bodh Gaya-ah a tlawh dawn dawn a, Thawhlehniah Mumbai-ah sumdawng leh industry thilang zinin an hmumhmate pawh tlawh bawng ang.

Myanmar hi India-neighborhood First, ACT East leh MAHASAGAR policy a neiha tel a ni a, Hlaing-a'n a tlawh hian ram pahnihte inlaichinna kawng hrang hrang tichaka thuk zawk siam tura ngai a nih thu Indian external affairs ministry chuan a sawi.

April thlaa Hlaing-a lak

ister of State for External Affairs Kirti Vardhan Singh a tel a, Nay Pyi Taw-ah hruaitu a kawm bawng a, sumdawng leh hmasawng lama inpuih dan turte pawh an lo sawiwo tawh.

Tun thla tir lam khan Myanmar sipai hotu thar, Gen Ye Win Oo-a leh Indian Navy Chief, Admiral Dinesh Kumar Tripathi chu an inbe bawng a, March 30-a a hna a chel hnuaw ram dang sipai hruaitu nena an inhmuh hmasak berna a ni.

India chuan ramri bul, Myanmar ram chhun-

ga Sagaing Region-a India laka inlak hran duhtu pawhrang hrangte chu a buaipui chhuzawng zel.

Indian sorkar chuan tun thlengin Myanmar-a inthlan chungchang emaw, February, 2021-a Aung San Suu Kyi-i sorkar paih thlaa Hlaing-a kaihruai sipai sorkar din chungchang emaw engmah sawi a la nei lo.

Hlaing-a lak luhnaa Singh-a tel chuan India hian sorkar thar nena inzwamna neih a duh thu a tilang nia ngai a ni a, hei hi a chhan ber chu India hmarchhak biala venhimna lama harsatna awmte vang a ni.

Myanmar eibar dinhmun hi October, 2023-a sorkar dotu silai keng pawlten beipui an thlak awanga tual chhung indona a chhuah atangin a hnam hle a, India chuan a thenawm rama himna dinhmun chhia chu a lo ngaimawh fo tawh.

CM atanga Siddaramaiah banna pawm, a thlaktu tur la chiang lo

Karnataka Governor Thaawarchand Gehlot-a chuan Chief Minister Siddaramaiah banna theh luh a pawm a, an state-a hruaitu inthlakna kalpui mek karah Congress hruaitu hlunin banna a theh luh tukah a pawm a ni.

Gehlot-a hian a kaihruai council of ministers pawh a thiat ngal a. Siddaramaiah hi ruahmanna dang siam a nih hma chuan chief minister hna a thawk chhuzawng ri hawn dawn bawng.

Siddaramaiah hian Ningani khan banna a theh lut a, Karnataka hruaitu inthlak chungchang ni eng emaw zat sawi a nih hnuah Congress hruaitu thek zawmin a bang tih a sawi a. A thehluh lai hian Governor Gehlot-a chu Bengaluru-a a awm loh avangin Raj Bhavan-a thuneitute kutah a

hlan a ni. Siddaramaiah chuan, "Rajya Sabha-a kal turin min ti a, zahawm takin 'ni lo' ka ti a, state politic-a awm chhuzawng zel ka duh a, national politic ka ngaihven lo tih ka sawi a ni," tiin a ban hnuaw thuthar lakhawmtuten an kawmnaah a sawi.

"MLA hna kum hnih dang ka nei leh a, ka mite rawng ka bawl dawn a, politic-ah ka awm chhuzawng zel dawn a ni," a ti.

Siddaramaiah a ban takah hian Karnataka chief minister a wavi hnih nihna a tawp dawn a, kum 2023 Assembly inthlanpuiah Congress-in thuneihna a chan kham state khata chanvo sang ber hi a chel tan a ni.

Ningania cabinet-a thawhpuite nen tukhuan ei paha an thuthawmnaah



Siddaramaiah hian DK Shivakumar chu amah thlaktu atan a ruat niin thu dawnnain a tar lang a. Official-a sawi erawh a la awm lo.

Chief minister bang ta hian thlahna thu a sawinaah Karnataka chief minister thar tur chungchanga thutlukna siam chu Congress hruaitu leh Congress Legislature Party (CLP) kutah a awm dawn tih a sawi a. "High command leh CLP-in a thlan apiang chu chief minister a ni ang," a ti

Siddaramaiah thachhangdawltu, Shivakumar-a hi pawl chakna leh Congress hotu liante rinna avanga chief minister tura sawi rik rin ber a ni.

Congress hruaitu hlun pakhat chuan, "DK a lo chhuah hian party hian a inrelbawlna leh harsatna awm karah pawh tha taka chin fel theihna a pe tih a tilang a ni," a ti a, Shivakumar-a hian Karnataka pawm pawh hna pawimawh tak tak a thawk tawh tih a sawi.

Furah ruah tui tla tlem dawn

India chuan El Nino-in a tihbui fur ruaitu chu kum thum chhunga a wavi khat nan kumin hian a tla thin zat aia hnam a nih a rinawm thu a sawi a, hei hian Iran-a indona vanga thil man a san mek laini lo atanga thil thar chhuah leh thanna a ngahawng theih rin a ni.



Asia-a economy lian pathumna, dollar vaibelchehe 4,000 vel zet nei India hi an eibar inngahna lian ber pakhat chu fur ruah a ni a. Kum khat chhunga ruaitu a dawn thin 70% vel chu fur laia a dawn thin a ni.

Kumin hian ruaitu tla hian long-period average 90% a thlen rin a ni tih earth sciences ministry-a secretary M. Ravichandran chuan a sawi.

El Nino-in khaw awm dan ngahawng a neih thui rin a, June atanga September inkar thla li chhunga ruah tlak dan pawh a ngahawng dawn niin a sawi bawng.

India Meteorological Department (IMD) chuan ruah sur dan pangngai chu kum 50 chhunga thla li chhunga ruaitu tlak zat 87cm (35 inches) atanga 96% leh

104% inkar a nih thu a sawi.

Asia chhim lam ramah hian June thla pawh hian ruah a tla thin zat pangngai a tla pha dawn lo niin Ravichandran-a chuan a sawi.

El Nino hi Pacific Ocean laili leh chhak lama tuifinriat lumna pangngai aia a sanin a o awm a, a tlangpuiin Asia chhimchhak leh khawvel hmun dangah khaw lum leh ro a thlen

thin.

India-ah hian tun hma lama El Nino awm kum tam zawkah ruah hi a tla thin pangngai zat aia tlem a tla thin a, a chang phei chuan a tlak mang loh tum pawh a thleng thin a. Hei hian thlai chihah ngahawng a nei nasa thei hle a, ram dangah buh thawn chhuah thleng ngahawng tih tlem a ngaih phah thin.

Uttar Pradesh-a lei dawh lai chimah thawktu paruk thi

Uttar Pradesh-a Hamirpur district-ah zan reja thlipui tleh vangin lei dawh lai a chim a, hnthawktu paruk an thi a, mi pariatah a kai rin a ni.

Lei hi Morakandar leh Kandaur khaw inkar, Betwa lui chungah dawh a ni a. Zing dar 2:00 vela thleng a ni a, thawktu thenkhat chu ruah sur karah hydra machine hnuai ah an tawm a ni.

Ruahrur nasa lei thlipui tleh karah he thil hi a thleng a, hna thawhna hmuna himna ruahmanna chungchanga rinlelhna a ngal mek.

Hamirpur-a Additional Superintendent of Police (ASP) Arvind Kumar Verma chuan, "Nizan zing dar 2:00 vel kham slab a chim thu leh a hnuai ah mi thenkhat an



tang tih thu kan dawng a, kan ngal a ni," tiin thuthar thehdarhute a hirih. "SDRF-in chhanchhuah hna an thawk mek," a ti.

Tual chhung mite sawi danin a tirah chuan lei dawh lai thenkhat a chhia a, a hnuah a dona ban a tu ta

niin an sawi.

Thi zinga naupang ber hi Uttar Pradesh-a Banda district-a Chilla khuaa cheng, kum 19 mi a ni a. Mi dangte pawh hi an upa lem lo hlawm a, a upa ber pawh kum 42 mi a ni a. Zirtawpni chawhnu thleng kham ruang

pahnih lakchhuah a ni tawh a, pali an ta lang mek.

Rajesh Kamal, Circle Officer, Hamirpur chuan, "Hnthawktu pahnih chhanchhuah belh an ni a, pakhat chu a la tang a, chhanchhuah tumin hmalak mek a ni," a ti.

RAM PAWN

Khaw lumin Europe a tuam, Portugal-ah record thar

Europe khawthlang ramte chuan khaw lum tak an tawng mek a, Portugal chuan May thlaa khaw lum ber ni thar tawngin an ram lailia Mora-ah chuan 40.3°C a kai.

Nilainia a lum ber chhinchhiah thar hian May, 2001-a Portugal-a 40°C lo ni tawh chu a khum a ni.

France-a minister-te chu khaw lum laka an inbuatsaih nan an thukhawm a. Hetihlai hian Italian thuneitute chuan an khawpui, Rome-ah khaw lum lo thleng tura inrinna an tichhuak a, Ningani khan 32°C a kai.

Kartawp thlengin khia hi a la lum dawn niin an sawi a. Germany, Spain leh Switzerland pawhin khaw lum thin pangngai aia lum an tawng tawh bawng.

Portugal hmun thenkhatath chuan Ningani leh Zirtawpni hian 35°C aia sang a ni dawn tih an ram meteorological office chuan a sawi lawk.

French Prime Minister Sébastien Lecornu-a chuan Ningani chawhnu kham a minister-te chu khaw lum lo thleng tur atana inbuatsaih nan a thuthawmpui a, ram kang beihna leh nipui ch-



hunga tui pek that theihna tura ruahmannate an siam.

Landes region-a Souton-a primary school chu kar tir lama 53°C a kai hnuah Zirtawpni thleng chawh an puang tih French chanchinbuten an tar lang.

France-a secondary school union-in survey an neihah, tun kar chhung kham 78% velin 30°C aia sang an tawng tih hmuhchhuah a ni.

France hmarthlang lama department 17 leh Paris-ah chuan orange alert tichhuah a ni a, hei hi mipuite chu khaw lum avangin 'fimkhur hle' a ngai tihna a ni.

Ningani khan Paris-ah hian 33°C a ni a, Zirtawpni leh Pathianiah 34°C a kai rin a ni.

Police-te chuan Inrinni thleng atan khawpui lirt-hei tlan tih tlem nan boruk khu tichhuak tlem car chauh chhuah phalsak leh tlan chak zawng tihhnam a ni.

Hetihlai hian Italy-a Rome, Florence, Bologna, Brescia leh Turin-ah kumin chhunga a wavi khat nan red alert tichhuah a ni a, 'mi hrisek thlaa pangngate taksaah pawh khaw lumin ngahawng tha lo a nei thei' tih sawi lawk a ni.

Kar tawpaw hian Madrid khawpuih 35°C-a kai rin a ni a. Tuna lum mek hi Spain-a lum uchuak an tih ang la phak lo mah se an rama meteorological office chuan July leh August thlaa an tawn thin ang kha a nih

tawh thu an sawi.

Kum 30 chuang kalta chhung kham Europe hi kum 10 zelah 0.56°C-in a lum zel niin Copernicus climate service chuan a sawi a, hei hi lum uchuak then thei khawp a ni.

UN chuan Ningani kham khawvel lumna chu kumin leh kum li lo awm leh tur chhung hian a lum ber record emaw, hnaith thuk emaw a ni dawn tih an sawi.

A lum ber kum 11-te chu kum 2015 leh a hnu lama thleng vek a ni a, UN-a weather & climate agency chuan la lum zel tura ngai a nih thu sawiin kum 2031 hma chuan kum tin a lum ber kum a nih zel an ring.

Netanyahu-a'n Gaza an thunun zat 70%-a tipung turin ti

Israeli Prime Minister Benjamin Netanyahu-a chuan Israel Defence Forces (IDF)-te chu Gaza an thunun zat 70%-a tipung turin a hriattir niin a sawi.

Ningania conference-a thu a sawinaah, "Tun dinhmunah chuan Hamas hi kan hneh mek a; tunah chuan Strip ram 60% kan thunun tawh. 50% kan luah a, 60%-ah kan kai a. Ka thupek chu huang zauh hi a ni," tiin a sawi a, mipui zinga atangin mi pakhatin, '100' a tih pawh a chhang zui bawng.

"Step khat zelin kal ila. A hmasa berah chuan 70. Chuta tang chuan tan ila. Kil tin atangin kan nawr a, a la awmte chu kan buaipui ang," a ti.

Israel-in thuneihna a zauh tur hi Donald Trump-a



kaihruaina hnuai inkah-hai tura Israel leh Hamas ten October, 2025-a an inremna thuthlung nen an inkal dawn thung.

Netanyahu-a thuchhuah hi inkahhai puan a ni chungah Israel-in Gaza a beih chhuzawng zel lai a ni a, US palaina hnuai Trump-a rawtna anga Israel leh Hamas ten mi dang kaltlanga remna zawng inbiak zui zel tura dah chu kalpui zui a ni tawh ri h lo.

October thlaa inkahhai puan a nih atang kham Palestinian mi 738 an thi tawh niin Hamas hnuai health ministry chuan a tar lang a, UN chuan an chhinchhiah dan hi rintlak nia a ngai thu a tarlang.

Netanyahu-a hian vantlang hmaa thu a sawina hrang hrangah IDF-in Strip

60% aia tam a thunun tih a nemnghet a, October thlaa inkahhai inremna 53% an thi aini a zauw a. Inkah-hai thuthlung hnuai hian IDF chu demarcation line thleng an inhnukdawk a, hei hi 'yellow line' tia hriat a ni.

Point 20 awmna remna siamna tura hmalak leh tur chu Hamas-in ralthuam an dah leh Israeli sipaite Gaza atanga an inhnudawhna tur a ni a; mahse, Israel leh Palestinian hel pawl inkara inbiakna a awm zui ri h lo.

Swiss rel station-a invihna thlengah mi pathum hliam

Switzerland-a rel station-ah mi pathum vit hliamtu mi pakhat man a ni.

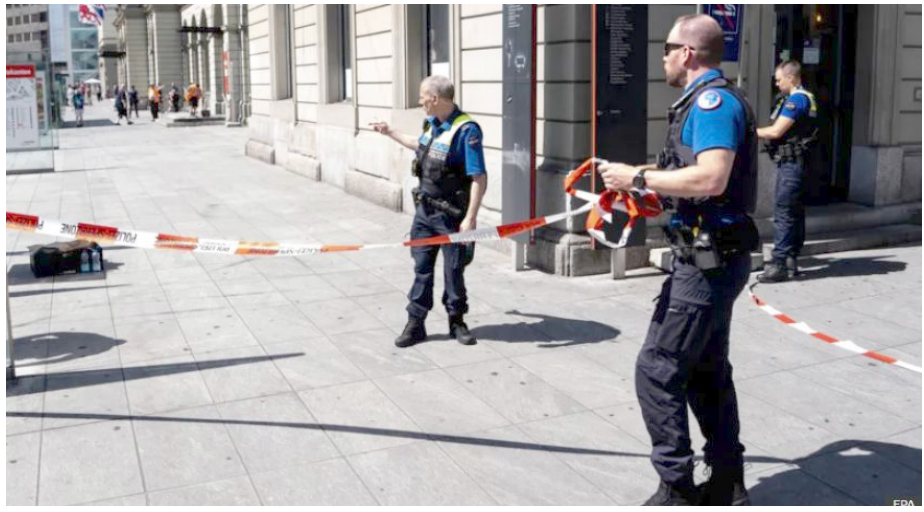
Police-te chuan Winterthur rel station-a pawikhawihna thlengah hian Swiss mi pathum - kum 28, 43 leh 52-ten hliam tuarin damdawi inah dah an nih thu an sawi.

A titua puh hi kum 31 mi, Swiss a ni a, hmanraw hriam a keng a, a tihchhan chhui mek a nih thu an sawi.

Swiss President Guy Parmelin-a chuan social media-ah 'tukina Winterthur-a mi firfiak chetna chuan min thawng hle' tiin a dah a. "Min ngahawng na hle a ni," a ti bawng.

Canton Zurich security director Mario Fehr chuan 'a chetna hmuna thil awm dan atangin thil ti vung leh uchuak taka thil ti thin chetna a ni tih a chiang hle' tih a sawi.

Zurich cantonal police



commander Marius Weyermann pawhin Fehr-a nena thuthar lakhawmtute an kawmnaah a titu hi he lai hmuna cheng niin a sawi a, kum 2015 kham Islamic State (IS) pawl ngaihdan a thehdarh avangin thuneituten an lo hre tawh tih a sawi.

Thawhtanni kham police station-a a inlan hnu-

ah rilru lam damdawi inah thawn a ni a, hetah hian 'thil mil lo tak tak a sawi' tih a sawi.

A tukah chuan damdawi in chhuahsanin officer-ten an hrui leh a, Nilaini kham doctor-te chuan amah leh mi dang tan pawh hlauhawm a nih tawh loh thu an sawi bawng niin a

sawi bawng.

Weyermann chuan vih zinga pakhat, kum 52 mi chu a chawhah hliam a tuar tih sawiin zai a ni a, damdawi inah a la awm tih a sawi. Kum 28 leh kum 43 mite hi an ke leh a ngahawng hliam an tuar a, damdawi in an chhuahsan tawh niin a sawi.

Inremna siam hmam ngaihtuah tur a la awm - Vance

US leh Iran chuan inremna siam hmam an inmil lohna thil eng emaw zat an la ngaihtuah a la ngai niin Vice-President JD Vance-a'n a sawi.

BBC-in President Donald Trump-a'n inremna ziah a hnaith tawh em tih zawhna chhangin Vance-a chuan an inremna an siam dawn tih sawi a la hma tih a sawi.

Inremnaah hian ni 60 chhung inkahhai pawt sei dawn nia sawi a ni a, Iran-in nuclear programme hma lam hun tur chungchang sawihona pawh tan a ni dawn nia sawi a ni.

Ningani khan US thuneitute chuan BBC hnenah ram pahnihte hian inremna siamna tur ruangamah an inrem tawh tih an sawi a, Trump-a leh Iranian hruaitute an la pawmpui lo mai chauh niin an sawi.

Hetih lai hian Iran-a semi-official Tasnim news agency chuan inremna hi tihfel leh nemngghet a la nih loh thu a tar lang thung.

Ningani zan kham Vance-a chuan palaite chu 'point pahnih khat chungehangah an indawr zel' niin a sawi a, heng zingah hian 'unaniam tihchak' chunge-

hang pawh a tel niin a sawi.

"Kan la thleng lo va; mahse, kan inhnaih hle tawh a, kan thawk chhuzawng zel dawn," tiin thuthar lakhawmtute a hirih.

US hian hun rei tak chhung chu Iran chu uranum tichak tawh lo turin a lo phut tawh a, a dah that sa pawh paih vek turin a phut a. Heng thil hi nuclear ralthuam siamna atana hman theih a ni.

Vance-a'n Washington DC-a thuthar lakhawmtute a kawmnaah hian beiseina a awm tu a sawi a, US chuan Iranian-te chu inrintangna

nen an inbiakna a rin thu a sawi.

US leh Iran inkara inkahhai hmasa chu April 8 atanga hman tan a ni a, hemi hnu hian Trump-a chuan wavi tam tak inremna an siam hnaith tawh tih leh inbiakna pawh a kal zel tih a sawi tawh a; mahse, tun thlengin result mumal tak a la awm lo.

President hian indo tih tawp tumin nawna nasa tak a tawm mek a, Gulf tangruat ramte bakah Democrats- leh Congress-a Republican thenkhat te ngei pawhin an nawr.



Rev Dr Ramengliana

HRAINA HLI MAWM LEH HLU

Thil hi a ngai reng emaw kan tih lai hian a lo danglam thui hle thin a. Hun kan la ngah viau emaw kan tih laiin kan neih ang ang pawh kan hmang ral mek a lo ni thin. NEICC General Secretary hna ka zawm kum 2018 khan tun ang hun te hi chu a hla vang vang hle a ‘dam rei ngahail’ an tih ang hi a ni ringawt a. Mahse rei lo teah lo thlengin kan term awm theih chung chu kan hmang zo a ni ve der tawh mai si. Lunglenthlak zawng ngaihtuah pawhin a ngaihtuahna a ti thui ve viau a, a lawmawm zawng pawhin mualpho lutuk lova kan hun kan hmang zo ve thei hi hlu tak a ni.

Ka rilru puthmang leh mizia ka inenin pawl hrang hrang inzawmkhawm (ecumenical ministry) a rawngbawh chi niin ka inhre ngai lo hrim hrim a. Ka suanguah chhin ngai miah lo a ni hial awm e. Presbyterian pastor ruh ve tak nih nuam ti leh nih tum reng kha ka nia. Amaherawhchu, han chhut let hian hetiang hmuna awm tur hian min lo buatsaih lawk nia hriatnate pawh ka nei ta zawk a. Ka seilenna hmun leh ka lehkha zima hmuna a zir em avang hian pawl dangte zingah ka lo tla nasa hle a; Manipur, Meghalaya leh Mizoram ka lo khawsak nasat tawh avangin khawiah pawh ka tlangnel em em vek bawk si. A retlu chuan a lo rel lawk vek ni tur a ni.

India hmarchhak Protestant ho inzawmkhawmna hmuna office han thut ve dawn meuh kha chuan a huphurhawm angreng hle a nih kha. Mite angin thiltih kan thiam ve lo ang a, an beisei kan pha lo lutuk ang tih hlauhthawna a lian duh hle a nih kha. Amaherawhchu, Pathianin min thlahthlam lo a ni tih a chiang hle thung. Kan program zawng zawngah kan lawm tlang viau vek niin ka hria a, rilru tihrehawm khawpa han hlauhchham nasa a awm lo niin a lang. Thil tam tak kan beisei lawk miah loh lo thleng ta te, kan beisei aia thaa inher chhuak ta tlat te pawh a awm nual mai. Chutih rualin kan duh ang zan kan tlin tak loh te pawh a awm tho bawk a. Heng zawng zawngah hian Pathian a tel zel a ni tih erawh ka ring tlat a ni.

NEICC lama lut tura ka inbuatsaih lai chuan mi tam takin min sawi hnawm sak a. He pawl hi an lo hriat chian bik vak

loh vang ni ngei tur a ni. “Tih tur vak a awm lo”, tih te, “Miin an ngai thutak vak lo,” tih te, “Pawl pachhe lutuk a ni,” tih angte hi an sawi duh dan thenkhat a ni a. Beisei han san vak ngaihna pawh ka hre lo a nih kha. “Awmna tur in min pek theih a, member unite tlawh theihna tur min ngaihtuahsak theih chuan a tawk viau alawm le!” tiin ka kal ve chawm mai a. Han luhchil takah chuan thawh sen mang loh hna hi a lo awm zawk a; mi hian he rawngbawlna hi an lo ngai pawimawh viau hlawm a ni tih te; a rawngbawlna tur chu Pathianin a mite kaltlangin min pe hneh khawp mai, tih te chu a takin kan hre chiang ve zel bawk a.

He office-a lut tura ka inngaihtuah laia ka rilrua ngaih pawimawh thil pathum a awm bik a. Pakhatna chu Hindutva ideology lo hrang zel laka India hmarchhak ven him a ni a, pahniha chu Kristiante rinna hlutzia thangthar tam zawkte hriatir a ni bawk a, pathumna chu Chanchin Tha hi khawtlang hmasawna a rah chhuah a pawimawhzia tu hi a ni. Heng thil pathum hi ka hre reng thin a, uar takin ka sawi ve fo thin. Hlawhtlinna chin chu awm mah se hemi kawnga tih tur a la tam zia hretute vek kan ni awm e. I tang ho sauh sauh teh ang u. He officea ka awm chhunga ka thawhpuite mawlh mai hi ka fak thin. Pathianin an ni ang hi min pe lo se eng tak thleng ang maw! Kohhran hrang hranga mi puitling thlan khawmte khan min hual reng a nia, an va han thawh hlawk thin tak em!

He kum riat chhung hian khawtlang buaina nasa deuhvin min tlakbuak nasa hle a. Rilrua program lawk tam tak chu kan tihlawhtling thei lo va, Pathianin kawng dangin min hruai hlauh thung. Covid hripui len avangin tap tawmin kum 2 lai mai kan awm a, chuti a nih tlat avang chuan in sak lamah kan tuan ta a. Office hmun tur chhawng khat kan sa zo der mai. Kan tum lawk ai daiha thain a chhuak lehngal a! Kan lawm takzet a ni. Manipur buai a lo thleng leh a, kohhran pawl hrang hrang an ri sung sung mai a. NEICC pawh theih patawpin a tang a, tun thleng hian tanpuina neuh neuh a la pe reng. Manipur Relief, Rehabilitation and Restoration Project (M3R Project) kan tih pawh hi a la nung reng. Heti a nih lai hian Manipur kohhran pawl hrang hrang tlawh chhuah chu a tithuanawp deuh a ni.

India hmarchhak state zawng zawng fang chhuakin rawngbawlna pawimawh tak kan nei thin a. Hmun pawimawh tak takah Pathian Thu puanna hun tha kan chang a, a lawmawm thin hle. Kohhran hruaitu chi hrang hrang nena inkawmin inhriatwanna hun pawimawh tak tak kan hmang thin. Bongaigaon Catholic Bishop ina kan riak te, an Archbishop thlahna thu Shillonga an Cathedral liana ka sawi te (Protestant Pastorah chuan a hmasa ber ni hiala sawi pawh an awm) kha thil hriat reng tlak tam tak zinga mi a ni awm e. Lawmna tur chi hrang hrang a va tam em aw!

Kan kut thawh ve chu awm lem lo mah se Council of Churches in Mizoram ka hun chhunga a lo ding hi ka lawm hle mai a. State dangte tana entawn tur tha tak kan siam a ni reng mai. Mizoram chhunga ringtute inpumkhatna kawngah hnuhma tha a nei zel ang tih ka ring tlat. Kristiante inpumkhatna hi kan ngai pawimawh zual zel dawn pawh a ni mai thei. Tunhmaa NEICC member nih duhna pawh nei loten member nih ve an awm duh tlat zel. Tunah hian member 58 lai kan ni ta (ka zawm tirh khan 52). Inlungual taka kan tih ho zel a pawimawh dawn a ni. Hruaitu lo awm zel tur pawh kan thawhpui thiam a pawimawh tulh tawh a ng.

Hruaitu hmasate hmalak tawhna NEICC Peace Centre chu 2023 khan a tak a chang ta bawk. He centre hi India hmarchhak mite tana hna tha tak thawk thei tura ngaih a ni a. Tunah hian din tir tak tak a la nih avangin thawh tur a tam hle. Kan Mizo tlangval fel tak tak, harhvang leh thiamna nei tha tawk te hi remna leh muanna a thlen ngei theih nan han pen chhuak sela aw! Tih tur hi chu a la tam teh a nia. Hei hi NEICC project lian pathumte zinga tharlam ber a ni a. Union Christian College hi a changtling hle tawh a. A buaina ber thin a ramri chung chang pawh tunah chuan DC Office-ah ziah fel a ni a, pal tha taka hung a ni tawh bawk. UCC Higher Secondary School erawh chu a la naupang deuh bawk nen mamawh a la ngah zual hle thung a ni.

‘Inpumkhatna’ hi thlarau lam thil, kan bawh leh kan zawn reng ngai a ni a. Tul kan tih dan chin a inan lohzia chu a hmuna han thawh meuh chuan a chiang duh khawp mai. Kan tih dan anga ti ve

Lal fing chuan mi suaksualte a zâp kiang a, An chungah sisêp a ruai thîn.

THE AIZAWL POST

Editorial... Mizo Daily Newspaper

Zebra Crossing leh Mipui

Nimina Aizawl Traffic Police thuchhuah chuan heti hian tarlan a ni: June ni 1, 2026 atangin Zebra Crossing kaihnawia dan bawhchhiate lakah na zawka hma lak a ni ang. Dan bawhchhiate chu The Motor Vehicles (Amendment) Act, 2019 Section 177 & 184 angin hrem theih an ni. The Motor Vehicles (Driving) Regulations, 2017 Rule No. 9 leh 22 (iv)-in a sawi angin lirthei khalhtuten Zebra Crossing thlen dawnin fimkhur taka tlan muangin, kawng kan turte tana a hlauhawm leh hlauhawm loh an enlawk thin tur a ni. Zebra Crossing-ah lirthei din phal a ni lo; hei hian traffic jam laia din pawh huan vekin pick & drop te, bunggua load leh unload chhungte pawh a huan vek. Kea kalte pawh, kawng kan dawnin fimkhur takin kawngpui an enchiang hmasa thin tur a ni, tiin.

Kan thupui hi “Zebra Crossing leh Mipui” ti lovin, “Zebra Crossing leh lirthei khalhtute” tih zawk awm tak, kan ti a ni maithi. Zebra Crossing awmzia chu a chunga Aizawl Traffic Police thuchhuah atang khian a chiang nghal ve a. Zebra Crossing kan buaipui thar leh hlui chhan hi, tun hnai lawka ‘Zebra Crossing incident’ vang kha a nih a rinawm.

Kan khawpui ber Aizawlah hian kawngpui hi a zimim kawngsira lirthei inhung leh thil engemaw dah hnawk avangin a chep em em a. A bikin chhun lamah chuan traffic jam avangin lirthei an tlan chak thei lo hrim hrim a, hei vang hian mipui kea kalte pawhin lirthei tlan laia kawngpui an kan dawnin, Zebra Crossing kher pan lovin, lirthei

a tlan laklawh lai pawhin ban phar chhuak chungin kawngpui hi an kan mai zel a. Chutih lain, lirthei tlan laia Zebra Crossing zawna lirthei din hun lo ngah ngar ngar pawh an awm tho.

Hei hi kan tih dan phung a nih deuh tlat tawh avang hian, lirthei khalhtute chauh lo pawh, mipuite pawh hi, kawngpui kan dawnin Zebra Crossing pan hram hram tura kan inhrih ngun a pawimawh dawn hle a ni. Chutih rualin, khawpui changkang angin Zebra Crossing hman theih hun *automatic signal* te a awm ve loh avang hian, mipuiin Zebra Crossing an hman theih hun vang turin traffic police-te pawh Zebra Crossing bulah an awm kim vek thei kher dawn lova, chutiang huan chuan, Zebra Crossing bula mipui tlingkhawm tam lam azirin lirthei khalhtute pawhin traffic police duty-te an awm kher loh pawha ‘din hun’ an hriat theih nan dan fel tak zam belh hi tuna kan mamawh tur niin a lang. Hmun t henkhat chuan ‘mutia’ hovin lirthei tlan laia kawng an cross thin avangin traffic flow a buai phah bawk a, hengte pawh hi khauh taka dan kenkawh khum a pawimawh awm e. Commercial centre deuh-ah chuan Zebra Crossing pawh zing deuha dah ni ta mai se kan ziaawm deuh mahna. Zebra Crossing zawh lova kawng kan loh hi kan thanhnan leh a pawimawh dawn a ni.

Heti hian, zirlai naupangte erawh hi chu, sikul kal hun lai leh sikul ban hun lai hi chuan, kawngpui kan chungchangah, ram changkang zawkten an tih thin ang hian “dah pawimawh bik” ni thei se a duhawm hle a ni.

lem lote pawm thiam a, kan zia pu ve lem lote hlim taka awmpui theih thil pawimawh ber pakhat a ni awm e. Thenkhat chuan NEICC hi chanvo pawimawh deuh han neih nan an duh ve chauh a, keini ho erawh hi chuan kan Lalpa Isuan, “Pumkhat an nih theih nan...” tia a tawngtaina tihhlawhtlinna hmanrua a ni

tih hriain i tuipui sauh sauh teh ang u. Kan pawl awmna theuh hi a hlu e, mah se hemi piyah lam hi a la awm tih pawm thiamnain bul tan ila.

Ka tan erawh he Pathian hruaina hli-mawm leh hlu tak hi ka hringnun luah tu danglam leh ropui tak a ni kumkhua tawh dawn a ni.

KA THI TEP, ADMIT KA QUALIFY E!

Vanlalrema Vantaw!

Mizoram Universal Health Care Scheme 2.0 a lo chhuak a, Mizoram State Health Care Society chuan thuchhuah siamin April ni 1, 2026 atangin non-empanelled damdawi in te'n MUHCS hnuaia an enkawl theih chin a sawr zim a. Heng rikrum thil (emergency) - 1) Damlo ICU-a dah nghal ngai. 2) Nunna chhanhim nana zai nghal ngai. 3) Accident tawk nunna chhan nghal ngaite chauh a huan a. Damlo dang chuan non-empanelled damdawi in-ah MUHCS hmangin an senso an hmu let thei lo a ni.

MUHCS 1.0 ah khan -emergency hrang hrang, khum indaihloh leh empanelled damdawi in enkawl theih mai loh damlote chu non-empanelled damdawi in-ah admit theih a ni thin a. Tunah chuan emergency chi thum (3) chauhin a huan a ni.

Heti lai hian ICU luh nghal ngai lo, nunna chhanna atana operation tih ngai lo, accident vanga thih hlauhawm ni pha si lo, serious case kan tih mai-na tak tak, rikrum thila damdawi in luh ngai an awm ve reng a. Hetiang damlo zingah hian MUCHS-a inziaklut thlap, empanelled damdawi ina khum chang lo emaw pan hman tawh lo emaw an awm fo a. Non-empanelled damdawi ina mahni sum senga in enkawl, bill let thei bawk si lo an awm nual tawh a. Heti hian kan kalpui reng mai dawn em ni? tih zawhna a awm mek a ni.

ENTIRNA ATANTHIL THLENG PANGA

May ni 21, khan district capital pakhat pa pakhat chu a tawng thei lo ringawt a, Aizawla MUHCS hman theihna damdawi in-ah refer a ni a. Natna khirh tak ni si ‘stroke’ tenau niin daktawr te pawhin ‘admit a ngai’, an ti a, khum an indaih si lo a. A chhungte sawi danin duty-te'n an biak sak a, MUHCS hman theihna damdawi in dangin khum an nei mai si lo nen empanelled loh private hospital pakhat-ah admit a enkawl a ni a. MUHCS an nei ve a, ICU dah nghal ngai lo, zai ngai lo, accident ni lo a nih vangin hmuhlet tawh loh tur an sum sengin an inenkawl phah a ni.

Damlo zunthlum leh BP sang nei t hin pakhat chu a BP a sang thut a, a zunthlum a lo hniam nen, nikhawhrelain a awm a, dawmdawi in hnai berah an tlan lut a. ICU awm ngai chiah si loin ward-ah enkawl zui a ngai a. Zai a ngai loa, accident an ni hek lo. Damdawi in an thlang thei tawh lo a, rikrum thil a ni a, MUHCS-ah an inziaklut ve nain awmzia a nei ta lo.

Sawrkar hnathawk nupui pakhat chu nikhaw hre loin inah a awm thut a, an hnaih ber damdawi inah an tlan lut a, MRI tiin stroke tenau a ni tih hmuhchhuah a ni a. Damdawi in danga kal chi a ni tawh si lo a, an luhna damdawi in MUHCS hman theihna a ni bawk si lo a, ICU dah ngai lo, zai ngai lo an nih avangin an awkai phah ta a ni.

May ni 6 khan pa pakhat Aizawl chhim lam ami chu zankhuain a tlan a, a zung thei lo a, a tlan reh thei si lo a chhungte mangang chuan damdawi in hnai berah a luhpui ta ringawt a. Daktawr-te'n a taksa chu a ‘septicemia’

hman tep an tih avangin MUCHS hman theihna damdawi in luh duh mah sela, inphurh kual chhungin pawl zawk thleng thei niin an hria a, hmun dang an pan ngam ta lo a. A kalah lungte a awm tih hriat a ni a, hnai a lo tam hman a, enkawl a ni zui ta a ni. ICU a ngai loa, zai nghal a theih lo a, thlamuang taka an lei MUHCS chu an hmang thei ta lo a, rikrum thil chu a ni lawi si.

Pakhat leh chu sawrkar hnathawk zai ngai an tih, han en maia thi nghal mai tur chu ni lo, nachhawkna ei zauh zauh ngai tawh a ni ve thung a. A damdawi in kalna chu empanelled a ni mah se, OT a khat tawh a, thla hnih (2) a ngah a ngai a. Non-empanelled damdawi inah zai tir se MUHCS nei siin a sum sen a hmu let dawn si lo a. Engtin nge maw an tih tak ni?

Heng damlo case-te hi MUHCS 2.0 chuan emergency case-in non-empanelled damdawi ina enkawl theih zingah a chhiar tlat lo.

TUNA KAN AWM DAN

Tuna kan awm dan chu non-empanelled damdawi ina MUHCS hmang tur chuan ‘ka thi tep a, admit theih ka ni’ tih nen a inhlak vak lo ang.

Heti sawrkar a khauh tak hnu hian khawi khawiah emaw damlote'n harsatna an tawh tih a lang thei a. Tih ngama na ni chiah si lo, damlo na tak ni si, rial deuh se enkawl na an dawn lawk loh vanga nat belh hrep emaw vanduai chuan thi thei ni si entirna thil thleng panga (5) ka han chhawp chhuak mai a ni a. A dang pawh an la awm a, a sei dawn a, tarlang lo mai ang.

Ka sawi tum chu tangkaipui tam tak

an awm lai hian emergency a pawm chin a zim tak avang leh khum indaihlohna avangin mi thenkhatin an tuar mek tih a ni.

MUHCS hman theihna damdawi in lian deuh ho awmna hi Aizawla cheng tam zawk tan chuan a rem teh tawh lohna lai a awm a. Rikrum thilah Civil Hospital Aizawl a lan rualin ‘khum kan chang ang em?’ tih rilruah a awm laklawh a. Lirthei ke pali nei khalh chhuah ruala rilru kamtu ‘khawiah nge ka park ang?’ tih ang deuh a ni. Durtlang leh ZMC te chu a tam zawk tan a hla mah mah bawk a, rikrum thilah chuan rilruah a lang hman lo fo ang.

DAMLO CHANVO VE THUNG LE

Sawrkarin health insurance a siam a, mipui zawm turin a duh a, mi tam takin an lei a. Kohhran pawhin tha ti a ni ang chu MUHCS chungchangah ngenna a siam a nih kha. Hamthamna leh entitlement nei sa sawrkar hnathawkte phei chu an hlauh atanga hleh sak an ni a. Health service pek chu sawrkar bat a ni ve ta thung a ni. A khum neihiin a daih lo a nih chuan a theihna hmuna a pek mai chu sawrkar tih tur ni awm tak a ni.

Damlo chanvo sawi zel ila, tuna point pathum - 1) Damlo ICU a dah nghal ngai. 2) Nunna chhanhim nana zai nghal ngai. 3) Accident tawk nunna chhan nghal ngaite - tih chauha non-empanelled damdawi ina MUHCS hman theih hi Constitution hnuaia mihring chanvo inhrek sakna a ni thei em? tih rilruah a awm a. Private insurance company te pawhin hetiang hian an tih a rinawm loh. MUCHS hman theihna damdawi in za-

wnga damlo kan phar kualpuina lamah damlo chungah eng emaw a thleng palh thei a, India Dan Pui ‘Right to life and liberty’ a nek deuh thuk thuk lo maw?

Daktawr ngaiat leh rin zawng in enkawl tir theithe pawh damlo chanvo ni awm tak a ni a, ‘patient physical & mental well being’ a tel turah kei chuan ka ngai.

TUNA KAN MAMAWH

MUHCS hi Health Insurance a nih avangin mipuiin inngahna atan kan hmang mek a. Sawrkar ka dem hlur loa, he article hi politicise tuma ziak ka ni lo. Sawrkar tih tum a tha tak zet a, fak tur pawh an ni. Mah se, tam takin an tangkaipui laiin thenkhatin an tuar lawi a. Hei hian a ti ‘Universal’ ta lo a ni.

Non-empanelled damdawi in luh dan khirh lutuk ber hi ennawn a ngai a. Rikrum thil (emergency) pawh chi hrang hrang a awm thei ang a, tun ami hi chu a zim lutuk a, MUHCS nihphung a phawk chhuak zo lo ta zawk mahin ka hre hial. Ruahmanna siam vat a tul hle mai. MUHCS sum tling khawm hi sawrkar tum vek ni loin mipui thawhkhawm a nihnat pawh hriat nawn a tha awm e.

MUHCS 1.0 ah khan ‘loophole’ awm thei remchanga la an awm nia sawi a ni a, a dik a nih chuan thil pawl tak a ni a. Khatiang thil thleng hre chung khan tuna non-empanelled ho enkawl theithe hi ennawn theih a nih a rinawm tho.

Eng pawh ni se, empanelled leh non-empanelled hospital te pawh MUHCS huan chinah MSHCS lam at ang hian thil felhelh a awm thin em? tih te endik ni thin sela. Sawrkar policy

(Phek 3-ah chhunzawm...)

World Cup-ah amah, Messi ngei kan hmu leh dawn!

A kumte a lo tam ve ta a, 2026 FIFA World Cup-ah hian Argentina Qatar hero rual kha a kawikhawm leh dawn em tih amah pawhin a sawi Chiang mai ngam lo reng kha a ni a, mahse, beisei lawk ang ngein kumin World Cup khel tur Argentina squad an han puang a, an superstar Lionel Messi chuan a la ho peih dawn e!

Defending champion Argentina head coach Lionel Scaloni 26-man squad tharah hian kum li kalta Arab rama 2022 title-winning team player 17 zet an la tel a, he South American team hi chhe thut thei an la ni lo!

An inngahna pui ber ni leh tur Messi tan tun hi World Cup wavi ruk a khelna tur ni tawhin, a champion leh a nih chuan tunge khawvela footballer thiam leh tha ber tih inhnialna tawp thei lo hi a thelh var var theih tawh awm e!

United States, Mexico leh Canada ramte inthlentawm tur kumin tournament hi kum 38 mi ni tawh Messi tan advantage lian tak keng tel tiin a sawi theih a, a chhan pawh a inkhelh mekna ram niin, Inter Miami forward hian a tlang-nelna ramah title humhim turin captain banhren a hreng leh dawn a, national record siana World Cup wavi ruk khel tling hmasaber a ni ang.

Tarlan tak angin, Qatar rama Argentina world title pathumna lakpuitu champion team zinga tel player 17 zingah khan Emiliano Martinez, Nicolas Otamendi, Rodrigo De Paul, Alexis Mac Allister, Enzo Fernandez, Julian Alvarez leh Lautaro Martinez-te hmuh tur an la awm.

Tualchhung media-te tarlan danin, 2022 title-winning squad-a tel zinga mi left back Marcos Acuna koh a nih tak loh chhan hi a fitness that kloh vang a ni.

2024 Copa America zawh hnuat international football chawlhlan hman tawh veteran winger Angel Di Maria hmuh tur a awm loh lain hliam avanga 2022 World Cup khel ve thei ta lo Giovanni Lo Celso chu squad-ah kohkir a ni thung.

Midfielder Giovanni Lo Celso



hian kum 2018 khan Russia ram World Cup squad-ah hmun chang ve bawmah se a khel pha lo tuan chhuak a, kha mi nena chhiar telin tun hi FIFA World Cup tum hniha a telna tur a ni.

Scaloni squad-ah hian tawnhriat ngah tawh player an ngir khup lain young talent an tih ang chi zingah Valentin Barco, Nicolas Paz leh Giuliano Simeone-te hmuh tur an awm.

Argentina young player dang kan hmuh tur dang pahnih forward ve ve Jose Manuel Lopez leh Thiago Almada-te tan tun hi an World Cup telna hmasaber tur a ni bawh.

Tel lo langsar zingah tun season-a Aston Villa tana khel tha em em attacker Emi Buendia telin, ani hian Europa League final-a a goal thun hmangin 'goal of the tournament' lawmman a dawng a; Roma lama a khelh laia inhliam forward Paolo Dybala bakah rawlthar 18 mi leh

ni chungah Real Madrid winger mit la tan thei Franco Mastantuono an tel.

Benfica winger Gianluca Prestianni koh a nih loh chhan erawh a dan a dang ta deuh a, Vinicius Jr. laka t awngkam a cheh duhtui loh avangin Fifa lamin World Cup match hmasa pahnih hi khel thei lo turin an hrem a, chuti na na na chu an ko duh ta lo law law niin a lang!

Argentina hian Group J campaign bul an tanna turah June ni 17 khian Kansas City-ah Algeria an tum dawn a, a hnuah team khawng lem lo tura ngaih dang pahnih Austria (June ni 22) leh Jordan (June ni 28) an su zui leh dawn a; a hnuhng pahnih hi Dallas-a khelh tur ve ve niin, group stage chu nuamsaa pel leh phawt tura ngaih ngheh an ni!

2026 tournament khelh laia kum 39 kai chho hman tur Argentine great Messi hian tun thlengin World Cup

match 26 khel tling tawhin, player piang chhuak tawh zawng zawng zinga World Cup match khel hnem ber record ding lai kawltu niin, Spain rama a el-pui lian ni thin Portugal forward Cristiano Ronaldo khan kum 41 mi ni tawh chungin kumin tournament hi a khel ve leh dawn a, anni pahnih hi footballer mipate zinga World Cup wavi ruk khel tling awm chhun an ni ang.

England rama inkhel zingah Aston Villa goal-veng Emiliano Martinez kha kumin hian Qatar ram ang khan goalkeeper of the tournament a ni leh thei dawn em kan thliir chho ang a; Manchester United star Lisandro Martinez bakah khup hliam avanga Premier League season tawp lam khel thei ta lo Tottenham player Cristian Romero pawh a fit thawkhat tawh a, squad-ah sengluh a ni.

Liverpool midfielder Alexis Mac Allister leh Chelsea midfielder Enzo

Fernandez-te pawh Scaloni squad-a tel British-based player-te zinga mi an ni.

Tunkar tir Thawhtanni khan Inter Miami Major League Soccer match hnuhngber ni ta rihah hliam vang ni ngeia ngaih theih turin second half-ah Messi lak chhuah a ni a, mahse, a hnu lawkah club thuchhuah chuan hliam a nih loh thu leh a kaihza veilam chu a hman rim luat vanga kham leh nuam lo satliah mai a nih thu an puang nghal vat a; Ningania World Cup khel tur Argentina squad puan takah pawh a tel zui ta chiah reng a ni.

Tun thlengin forward Messi hian Argentina tan game 198 khel tling tawhin, kan hma lawka friendly match khelh hmabak pahnihah hian a inlan ve thei a nih chuan mellung thar phunin match 200 a khel tling tawh dawn a ni.

Argentina hian World Cup inbuatsiahna atan Texas-ah June ni 7 khian Honduras an infiamtui dawn a; June ni 9-ah Iceland nen Alabama lamah an infiam zui leh ang.

ARGENTINA WORLD CUP SQUAD

Goalkeepers: Juan Musso (Atletico Madrid), Geronimo Rulli (Marseille), Emiliano Martinez (Aston Villa).

Defenders: Leonardo Balerdi (Marseille), Nicolas Tagliafico (Lyon), Gonzalo Montiel (River Plate), Lisandro Martinez (Manchester United), Cristian Romero (Tottenham), Nicolas Otamendi (Benfica), Facundo Medina (Marseille), Nahuel Molina (Atletico Madrid).

Midfielders: Leandro Paredes (River Plate), Rodrigo de Paul (Inter Miami), Valentin Barco (Strasbourg), Giovanni Lo Celso (Real Betis), Ezequiel Palacios (Bayer Leverkusen), Alexis Mac Allister (Liverpool), Enzo Fernandez (Chelsea).

Forwards: Julian Alvarez (Atletico Madrid), Lionel Messi (Inter Miami), Nicolas Gonzalez (Atletico Madrid), Thiago Almada (Atletico Madrid), Giuliano Simeone (Atletico Madrid), Nico Paz (Como), Jose Manuel Lopez (Palmeiras), Lautaro Martinez (Inter Milan).

3rd round lut Gauff, Osaka leh Sabalenka

Defending champion Coco Gauff, top seed Aryna Sabalenka leh World No. 1 hlui Naomi Osaka-te chuan rim taka bei chung vekin French Open third round an lut hlawm.

American Gauff hian darkar khat leh minute 50 zet chhungin Egyptian qualifier Mayar Sherif lakah Ningani khan 6-3, 6-2 hnehna changin third round ticket a hum fel.

Coco Gauff tan tun kha a career-a Grand Slam main draw a thlen tum 80-na chiah niin, score-ah chungnung viauin lang mah se tharum hman nasat ngai tak game a pal-tlang tih amah pawhin a sawi chhuak a, tharum lama a dinhmun fiahna lian a nih thu a sawi.

A title kawt lai humhim tura a beih chhunzawm lehna turah American mihang player Gauff hian Briton dam awmchhun ni tawh Katie Boulter hnawtchhuaktu Austrian nula Anastasia Potapova a hmachhawn leh ang.

Tunhma lamah pawh Roland Garros round three la chuangkai pha ngai lo Boulter hi 28th seed Potapova chuan



Ningani zan inkhel dangah Russian-born Austrian hian 5-7 6-4 6-2-in a hnawtchhuak a; a hmain Francesca Jones chu second round paltlang zo loin a tla tawh a, Emma Raducanu, Cameron Norrie, Jacob Fearnley leh Toby Samuel-te round one lama an tlawm tawh bawh avangin French Open singles competition lamah British rim nam an rem fel leh tawh rih!

Potapova tan kumin hi major tournament bika a chawlhkar hnihna a chuankai tum hnihna a ni.

Ningani hmeichhe singles inkhel dangah kum 2019 hnu lama a wavi khatna atan Japanese Osaka pawhin Roland Garros third round a lut ve leh ta hram a, he hmun thleng tur hian second

round inkhel pakhat 7-6(1), 6-4-a Paris Olympics silver medallist Croatian Donna Vekic hnehin, 16th seed Iva Jovic nen an intum leh ang.

American Jovic hian inkhel dangah 6-0, 6-3-in a chipui Emma Navarro a hneh ve bawh a ni.

Top seed Sabalenka pawhin third round lut turin France player Elsa Jacquemot lakah 7-5, 6-2 hnehna changin, set khatnaah talbua laih hman mah se set hnihnaah a insiamtha zui a, harsatna a tawh zui lo.

Nikum final-a chak zo ta lo Belarusian four-time Grand Slam champion Sabalenka hian a career-ah French Open title a la hlawhchhuak ve lo a, kumin hian world number one ni chung ngeiin a beisei kal leh mek a, Australia player Daria Kasatkina lakah fiahna dang a hmachhawn leh ang.

Italian 10th seed Flavio Colbolli pawhin second round inkhel dangah Chinese Wu Yibing chu 6-4, 6-4, 6-4-a hnehin a zawna a kum hnihna atan French Open third round a lut ve leh ta bawh.

Singapore Open-ah Sindhu

mutan An Se Young leh bawh!



PV Sindhu chuan a kalkawng dalsak thintu World No 1 An Se Young a ngam lo leh ta a, Singapore Open Super 750 badminton tournament quarter-final paltlang zo loin Korean shuttler chuan 21-17, 21-14-in India chhuanvawr hi nimin khan a vaw tla.

Sindhu hian a zawnin An Se Young hi wavi kua tehreng a hneh lo tling ta a ni.

Two-time Olympic medallist Sindhu hian reigning Olympic

champion An lakah tum khat chiah game a la ve tawh a, chu 2023 Badminton Asia Championship kha a ni.

Zirtawpni vek khan men's doubles lamah Indian pair Satwiksairaj Rankireddy leh Chirag Shetty tangdun chuan semi-final lut thungin, rim taka an thawh rah sengin fourth seeds hi Malaysian pair Khai Xing Kang leh Aaron Tai lakah 19-21 21-17 21-13-in an chak hram.

Asian Games champion Satwik leh Chi-

rag thawkdun hi game hmasaber an hloh zet hnuah an insiamtha a, darkar khat leh minute nga an khel hnuah hnehna an sual chhuak ta a ni.

Indian pair hian top seeds Kim Won Ho leh Seo Seung Jae of Korea lakah fiahna hraw zawk an hmachhawn zui leh nghal a; Korean pair hian seventh seeded Japanese combination Takuro Hoki leh Yugo Kobayashi lakah 21-19 21-18 hnehna an chang.

FOOTBALL TITI

- Barcelona chuan Arsenal leh Ecuador defender Piero Hincapie chu lak tumin an ngaihven a, dawr thuai an tum. (Mail)
- Manchester City leh Portugal defender Ruben Dias chu a agent in chhuak turin a ti a. Paris St-Germain, Bayern Munich leh Real Madrid ten a dinhmun tur an thlithlak nghal var baw. (Caught Offside)
- Paris St-Germain leh Manchester City ten a vil ve reng baw si vangin Liverpool chuan RB Leipzig rawlthar winger Yan Diomande chu inremna neihpui thuai tumin an nawr. Kum 19 mi Ivory Coast international Diomande hi season liam taah a khel that vangin a luck hle. (Florian Plattenberg)
- Conference League-a an champion hnuin Crystal Palace chuan an player pawimawh pahni; England midfielder Adam Wharton leh Japan midfielder Daichi Kamada te chu an hnena cham chunzawm turin hmin ngei an duh. (Sky Sports)
- Bournemouth chuan club lian zawk ten an ngaihven French forward Eli Junior Kroupi, Brazil winger Rayan leh England midfielder Alex Scott te chelhe ngei an duh. (Guardian)
- Manchester United leh Chelsea chu nipui bazar inhawn hunah England rawlthar midfielder Scott lak tuma ngaihven zingah an tel. (Teamtalk)
- Championship lama an thlakhniam tak vngin West Ham leh Germany striker Niclas Fullkrug chuan chhuah ngei a duh a. Lak tuma ngaihven zingah German club Werder Bremen an tel. (Sky, in German)
- Portuguese club Sporting chuan Bayern Munich atanga loan a Tottenham zawm Portugal midfielder Joao Palhinha chu lak an duh. (A Bola, in Portuguese)
- Leeds United chu kum 24 mi Lyon leh United States midfielder Tanner Tessmann lak tum zingah an tel. (Football Insider)

Spurs in Thunder an chelhe



Zirtawp zing khan NBA Western Conference final game 6-na khel a ni a, San Antonio Spurs in champion lai Oklahoma City Thunder chu point 118-91 in an hneh. An mualah Spurs an chak vangin Series-ah 3-3 a ni chiah a, deciding game khel a ngai.

Western Conference champion ni a, NBA finals lut thei tura tlawm thiang tawh lo San Antonio Spurs hian game 6-naah an khel tha viau a, an player pawimawh Viktor Wembanyama a che tha leh zual. Game 6-naah hian quarter hnihnaah hnufual zeuh mah se quarter dang pathumah chungnung zawk an ni vek thung.

An mualah chak ngei tuma tan khawh Spurs hian bul an tan tha a, quarter khatnaah point 13 in an chungnung nghal. Bul tan chhe viau mah se quarter hnihnaah Thunder an insiamt ha a, point rukin an chungnung zui ve leh naa point sariha hnufual chungin chawhlawk an hmang tho thung.

Chawhlawk hnu lamah Spurs an khel tha chunzawm a, an hawikir tawh lo, Point 7 a hmahruaitu Spurs hi quarter thumnaah point 19 ngawta chungnungin an inkar an tizau duai a. Quarter hnunung berah point khatin an chungnung leh det baw a. Champion lai Oklahoma City Thunder lakah hian point 27 zet in hnehna an chang zui ta a ni.

An mualah an chak tumin Spurs player pawimawh Viktor Wembanyama a che ha hle a, point 28 a thawchhuah bakah ball sawhlet wavi 10 a dawng am block t ha zet mai wavi thum ngawt a nei tel baw, Spurs tan Wembanyama a chetthat viau laiin Thunder player pawimawh Shai Gilgeous-Alexander erawh a che hleithe tlat lo thung a. MVP ni nawn leh Gilgeous-Alexander hian point 15 a thawchhuah hram a, assist wavi li chauh a nei baw.

Final game sarhina hi champion lai Oklahoma City Thunder muala khel tur a ni a. An mualah an inlan dawn vangin Thunder in final luh theihna hun tha an nei ngah zawka ngaih a ni.

PSG nge champion ang Arsenal?

Khawvela Football club te inelna ngaihhlut hlawh ber UEFA Champions League final chu zanin dar 9:30 ah khel tan a ni dawn ta a. Champion lai Paris St-Germain (PSG) in champion nawn leh tumin Arsenal an hmachhawn dawn. PSG nge champion ang, Arsenal tih hriat a chakawm tawh hle.

Inveng thiam Arsenal
English Premier League (EPL) champion thar Arsenal hi season kal mekah Europe a club tha ber an ni mek a. Champions League season kal mekah tlawm nei lo awmchhun an ni. League round ah phe chuan Gunners hi an chak vek nghe nghe a, chak vek chung knock out stage lut thei awmchhun an ni.

Champions League a che tha tak Arsenal hi tlarhnung ven thiam an ni a, goal an chhuah tam lo hle. League round ah goal 24 an thun laiin goal li chauh an chhuah. Tlarhnung ven hiam an ni chungin goal thun pawh a thiam tel tho baw. PSG an hmachhawn huna an hmachhuan tur chu an tlarhnung phui tak leh an inventhiamna hi a ni a. Tlar hma player nei tha leh khingpuita nawr na thei tak PSG lakah Arsenal tlarhnungte hi engtiang taka tha nge an nih tih fiah a ni dawn a. Arsenal in PSG tlarhna dang tura thapui an thawh tur hi football ngainatute hmuh chak a ni.

Nawr thiam PSG
French Ligue 1 champion Paris St Germain hi tlarhna player nei t ha tak, goal thun thiam an ni. UCL final an luh thlengin goal 44 an thun tling hial tawh. Tlarhnaah Ballon d'Or kawl mektu Ousmane Dembele an nei a. Tunlaia winger tha ber ang hiala ngaih Khvicha Kvaratskhelia an neih bakah langsar vut lo chungu dan har thin tak Désiré Doué an la nei cheu baw. Tlarhna player nei t ha, khingpuita nawr nuamti leh nawr thiam PSG tlahmate che vel hmuh a chakawm hle.

Tlar hma player nei tha tak PSG hian tlarhnung player nei chhe lem lo mah se season kal mekah an che pui lutuk hran lo thung a, tlarhnung phui tak erawh an ni bik lo. An defender daihzaai Achraf Hakimi chu hliam vangin an chawr thei dawn lova, season liam taah Bukayo Saka dah niltu Nuno Mendes pawh hliamin a tih buai reng vangin a theihna sang ber lanchhuah thei kher lo mai thei. PSG hian tlarhna nei tha pangngai Arsenal an dang thei ang em tih hriat a chakawm.

Muallai (Midfiel) indonaah erawh PSG an chungnung hretin a rinawm. PSG hian muallaia inkawp fuh em em Joao Neves, Vitorinha leh Fabian Ruiz te an chhawr ngein a rinawm a. Ball thiam tak tak, inman baw site hi dan an har viau tura ngaih a ni. Hetihlai hian Arsenal pawhin Declan Rice, Martin Odegaard leh Eberechi Eze te an chhawrin a rinawm a, PSG muallai player te khan lo hret mah se hmuhawm thawkhak tak, danglamna thlen thei erawh an ni tho thung.

Final kal kawng
Arsenal hian League round-ah point hmuh theih zawng zawng hmu vekin last 16 an lut. Knockout round-ah an vannei chho viau a, club lian leh tha zawk an pumpelh. Bayer Leverkusen, Sporting CP leh Atletico Madrid te an pal tlang vek a, kum 20 hnua a wavi khat nan UCL final an lut. PSG nen an kawng zawh khaikhinin Gunners final kalkawng hi a awlsamin, a hadam zawka ngaih a ni.

Arsenal in UCL-ah bul an tan that viau laiin champion lai PSG erawh chuan beisei angin bul an tan tha lo thung. League round-ah wavi li an chak a, wavi hnih draw an neih bakah tlawm zawk wavi hnih an tang baw. An khingpuita lakah goal 21 an thun laiin goal 11 an chhuah ve thung. An chetthat loh vangin direct in last 16 an lut zo lova, play-off ah chakin last 16 an inhlangkai zui leh tho thung.

Knock-out round-ah erawh an che tha viau thung a, EPL club lian pahni; Chelsea leh Liverpool te an sawp hnuin German champion Bayern Munich an hnawtchhuak zui leh a, champion zawn thei turin final an lut. PSG in final lut turin kawng hautak leh bumbon an zawh a, club lian tak tak an hmachhawn. Fiahna hautak pal tlang chungu final lut an ni aa, final a an khingpui tur Arsenal aiin an kawng a hautakin. a khirrhkan



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zawka a tih ngam.

Tunge champion ang?
Team inang lo tak, iveng thiam tak Arsenal leh khingpuita nawr nuamti tak PSG te inkhel hi a hmuhawm dawn a, champion tur zawk rin thiam pawh a har hle. PSG in rin kai zawk hlek mah se Arsenal pawhin champion theihna chanve tha tak an nei ve baw.

PSG leh Arsenal te hi wavi sasrih an inhmachhawn tawh a, Arsenal wavi thum an chak a, PSG wavi hnih chakin wavi hnih dang an inhnethaw. Season liam ta kha League Phase-ah Arsenal in 2-0 in an hneh a Semi-final-ah an intum leh a, an mual leh Arsenal mualah PSG an chak ve ve thung a. UCL-ah a wavi khat nan an champion zui ta reng baw.

Zanin final-ah Arsenal in goal an thun hmasa a nih chuan an tlarhnung ven an ngai pawimawh chunzawm ang a, PSG tan nawr tlang an harsa ang. Arsenal hian goal an chhuah hmasa a nih erawh chuan game inhawng zawk kan hmu ngei dawn a, final hmuhawm tak a ni ang. Champion tur chu zaninah chinfael a ni dawn e!

Zofate Jerusalem-ah UFC champion Vana



Infianna hautak leh rothar Ultimate Fighting Championship (UFC)-ah Flyweight huanaga khawvel champion Joshua Vanbawithang chuan May 29, Zirtawpni khan Zofate Jerusalem Aizawl a thleng a, a amah ngaidangtu Zofate ten ropui takin Lengpuiah an lo hmuak.

UFC Flyweight Champion Joshua Vana hi Zofa unua Khen-glawt hnam niin Lai tlangval a ni. Myanmar atangin USA ah pem tawh mah se Laifa an nihna vawng nung a, chawi nung rengtute an ni. Flyweight-ah champion lai Alexandre Pantoja hneha World champion a nih khan Zofa hnam hrang hrangte insuihkhawmna kawnga thawhhlawk tak Zo Reunification Organisation (ZoRO) chuan lawmpuina an lo hlan tawh a. Mizoram State Sport Minister Pu Lalngchinglova Hmar pawhin lawmpuina a lo hlan tawh baw.

Joshua Vana ngei pawh hian Mizoram Sport Minister Pu Te-

tea nen an inbiak thu sawiin, Mizoram-ah amah tan em emtu an unate tam tak an awm chu lawmawm a tih thu leh thlamuanthlak a tih thu a sawi a. An unate tamna Mizoram chu kal a chak thu a sawi tel baw.

Mizoram-ah hian Zonet leh Mizoram Mixed Martial Arts Association tangdunin an buatsaih MISMA Fight Night hmanpui tura lo kal a, zanin hian R Dengthuama Hall-ah a hmanpui ang.

Mizo a ni em?
Chhinlung chhuak Mizote hi khawvel in 'Chin' tiin min hre hmasa ber a, 'Kuki' ti leh Lushai' tiin min hre zui leh a. Hun rei tak nuah Mizoram awmte hi lo Mizo chho ta kan ni. Zofate hi khawvel hmung hrang hrang kan awm a, kan awmna a zirin 'Chin; kan la ni a, Mizo pawh kan ni. Joshua Vana hi USA leh Myarmar-ah 'Chin' a lo ni a nih pawhin Zofate Jerusalem Mizo ramah chuan Mizo ngei a ni.

BTS "BUSAN: LIVE VIEWING" cinema hall-ah



K-pop boy band, BTS chuan South Korea-a Busan Asiad Main Stadium-ah concert an nei dawn a, he concert hi "BTS World Tour 'ARIRANG' In Busan: Live Viewing" tiin, June ni 13-ah khawvel hmun hrang hranga BTS fan-ten an lo chhim theih nan cinema hall-ah zan khat an tichhuak dawn a, BTS chuan he event atana an official trailer pawh an tichhuak tawh e.

Trailer an tichhuaha hian khawpui dang-a tour an neih tawhna a footage leh an album thar ARIRANG a 'Fya' hla soundtrack an dah a, Jung Kook, Jimin, V, Suga, RM, Jin leh J-Hope te an inlan. BTS hian April thla khan Goyang leh Tokyo-a an concert live cinema boardcast hi an lo nei tawh a, Busan hi a tum thumna tur a ni dawn ta a ni.

June ni 13-ah hian cinema hall tam zawkah chuan Busan-a

an concert hi live-a tichhuah a ni dawn a, mahse, hmun thenkhat chuan an a entu turte tana hun remchang zawk zawngin boardcast an titlai ang. Cinema hall ticket pawh June ni 13 atan hian an zuar chhuak tan tawh a, official BTS website-ah fan-ten cinema hall tichhuak tur leh ticket te an ngaihven thei ang.

BTS hian an album thar ARIRANG tihlar nan tour hi April thla atang khan an tan a,

ARIRANG' hi tun kum li dawn chhunga album an tichhuah leh hmasak ber a ni a, South Korea dana an ram mipa te kum 18 leh 30 inkar an nih laia thla 18 tal sipai nunchan zir ngei ngei a ni dawn a, he show-ah hian BTS hi Shakira leh Madonna te nen an inlan dawn a ni. World Cup Final hi July ni 19-ah MetLife Stadium, New Jersey-ah an khel ang.

Royal Enfield Bullet 650 India-ah tlangzarh



Royal Enfield chuan an Bullet 650 chu India-ah an tlangzarh ta a, showroom-ah Rs 3,64,856 man a ni. Bullet hi motorcycle chawl lo va an siam chhuah rei ber a ni ta a, an kutchhuak zingachak ber a ni ta bawh. Bullet 650 hi rawng chi nih- Cannon Black leh Battleship Blue-ah duhthlan tur a awm.

Bullet hi 1932 atang an chhawp chhuah an tawh kha a ni a, India mai bakah khawvel ram hrang hrang pawh motorcycle hriatlar pawl a ni tawh a, kum 94 hnuah pawh an la siam chhuak ta zel a, a tira a nih phung leh pianzia tam tak a la chhawm nung a, thu ngil deuh auha khalh chi a nihna te pawh a la keng zel. Khawlaia a tlangchhuah pawhin Bullet a ni tih hai mai mai theih a ni lo.

Bullet 650 pawh hi a design atang pawhin Bullet a nihna a la lang sar

hle a, teardrop-shaped fuel tank neini, chrome-finished peashooter exhaust, bench-style seat sei tha tak leh a signature casquette headlamp te pawh a la nei. Royal Enfield chuan a hmingthang-pui 'tiger-eye' pilot lamp an la chawi nung zel a, hetiang hi 1950s atanga an lo kalpui tawh kha a ni.

Bullet 650 hi a landan retro deuh mah se tunlaina a nei nual tho a, Classic 650 ang thoin a instrument console-ah analogue dials leh digital LCD inset neini, heitah hian ride information chi hrang hrang a display thei a, chung zingah chuan fuel level, gear position indicator, trip meter leh service reminder te pawh a tel. Hei bakah hian aluminium switchgear leh adjustable lever a nei bawh.

Royal Enfield Bullet 650 hian 650cc parallel-twin engine neini (Interceptor 650 leh Classic

650 nen a inang), six-speed gearbox leh slipper clutch a nei a, 46.39 bhp @ 7,250 rpm leh 52.3 Nm torque @ 5,650 rpm pechhuak thei niin, company lam hian highway velah hahdam taka cruise pui theih turin, performance smooth tak ni turin an duang a ni.

He motorcycle hian steel tubular spine frame neini, Showa suspension hmangin, a hmalamah 41mm telescopic fork leh a hnungah twin shock absorber a nei a, a ke hmaah 320mm disc leh a hnungah 300mm disc brake a nei a, two-piston floating caliper an nei ve ve bawh. Hei bakah hian dual-channel ABS a thum a ni. A ke hmalamah 100/90-R19 section tyre leh a hnungah 140/70-R18 section tyre a hmanga, a ground clearance 154mm niin, a seat san zawng 800mm a ni a, a fuel tank-ah litre 14.8 a leng a, a kerb weight kg 243 a ni bawh.

2026 Tata Tiago leh Tiago EV India-ah tlangzarh



Tata Motors chuan 2026 Tata Tiago leh Tiago EV te chu India-ah an tlangzarh a, Tiago hi showroom-ah Rs 4,69,000 atanga 7,99,000 man thlengin a awm a, Tiago EV hi Rs 6,99,000 man atanga Rs 9,99,000 man thleng a awm ve thung.

Heng Tiago car thar chi hnihte hi a design-ah pawh danglamna a tam ta a, chutih rualin a ruhrel tlangpui chu a la inzul viau thung. A head-

lamp a sawl sei ta deuh a, a grille a dum niin, EV lamah a grille hi a car body rawng a ni ve thung. A bumper-ah ICE Tiago design-in mit a la mah zawk a, black-finished central intake leh a sir tawn tawna a tung zawngin vent slim zaih mai a nei bawh a, a EV lamah cenytral intake hi a car body rawng niin, faux vent a khampei zawngin a nei ve thung. A hnunglamah danglamna liam tham a awm lo a, connected light-



bar neini a taillamp nen a inzwam a, ICE Tiago hian 15-inch alloy wheels neini, EV zawkin 14-inch a nei ve thung.

A chhunglamah Tiago cabin design hi an tithar nasa hle a, 10.25-inch touchscreen a centre console-ah neini, a steering wheel hnungah digital instrument cluster a nei a, 2-spoke steering design an nei ve ve a, EV zawk hian a standard logo 'T' aiah Tata.ev logo a nei ve thung.

A centre console pawh an tidanglam nual a, a model sang lam chuan a dashboard hnuai smartphone tan charging tray an nei.

A feature-ah chuan Tiago car thar te hian 360-degree camera an rawn nei ta ve ve a, hei bakah hian blind spot monitoring, rear AC vent leh airbag paruk an nei ta vek bawh. A feature dangah chuan LED headlamp, auto AC, auto headlamp & wipers, keyless entry &

go, 65W Type-C charging port, wireless phone charger te an nei ta bawh. A chuangte himna atana ESP, traction control, hill start assist leh tyre pressure monitoring te a nei bawh.

A khawl lamah ICE Tiago hi tihdanglam a awm lo a, 1.2-litre petrol leh CNG-ah duhthlan tur a awm a, manual leh automatic transmission-ah duhthlan tur a awm a, automatic-ah hian a steering-ah paddle shifter a nei ta bawh.

EV lamah pawh a battery leh motor output an tidanglam lo a, 19.2 kWh leh 24kWh-ah duhthlan tur a awm a, a real-world range hi up to km215 niin, a charging an tichangtlun sawt a, 1.2C Fast Charging @ 30 kW DC fast charger a support ta a, minute 30 chhungin 10-80 per cent a charge hman niin an chhal.

Lava Shark 2 5G India-ah tlangzarh

Noida a hmupui nei, India smartphone brand Lava chuan an Shark line-up tilianin Lava Shark 2 5G smartphone chu India-ah an tlangzarh a, Rs 11,999 man niin, June ni 10 atangin an hralchhuak tan ang. Lava handset dang ang bawkin company lam chuan Lava Shark 2 5G tan hian free home service an pe dawn niin an tarlang bawh.

Lava Shark 2 5G hi dual-SIM niin, Android 16 a hmanga, octa-core Unisoc T8200 chipset neini, 4GB RAM leh 64GB inbuilt storage a nei a, virtual RAM expansion feature a nei avangin a inbuilt storage hmangin a RAM hi 4GB thlengin a tihlen belh theih. Company lam chuan OS upgrade kum hnih leh security update kum hnih an pe dawn niin an tarlang a, he phone hmangtu te tan 'bloatware-free leh ad-free' a ni dawn tiin an tarlang bawh.

He smartphone hian 6.75-inch HD+ LCD touchscreen neini, 120Hz refresh rate a nei a, a hnungah 13-megapixel AI sensor neini, a hmalamah 5-megapixel selfie camera a nei bawh. He handset hian IP64 dust & splash resistance rating a nei bawh.

Connectivity-ah chuan 5G, 4G LTE, GPS, Wi-Fi, Bluetooth, USB Type-C port, 3.5mm audio jack a support a, 6000mAh battery neini, YouTube playback darkar 13 leh minute 35 a daih niin an chhal a, 18W fast charging a support bawh.



Phuah Pawh

Darkar 24 chhunga thing phun tam ber



Antoine Moses-a record siam dan hi kawng a kham duh ngat ngawt ang, Kenya-ah darkar 24 chhungin thing tiak 47,460 a phun hman a, Guinness World Records-in darkar 24 chhunga mimal anga thing tiak phun hman berah a puang.

Quebec, Canada a seilian, Vancouver a cheng mek, Moses chuan, "Thing phun hi khawvel tana thil tha kan tih theih awlsam ber te zinga mi a ni," a ti.

Ani hian Kenya-a ecosystem siamt hat leh lam a tuipui a, chutiang tur chuan zir-tirna te pein, a theih ang angin hma a la thin a, hetiang Kenya-a record a siam hma pawh hian Alberta lama kumin kumtir lam khan nikhata thing tiak 23,060 phunin record a lo siam tawh bawh a ni.

Tuna a record siamnaah hian thing tiak phunna tur khur hi laih ngai vak lo a ni a, a leia diak tha viau a, thing tiak/ tang hi a vih phun deuh mawlh mawlh theih a, thing tiak phun puitu nei lo mah se a mamawh vel lo pe zung zungtu, amah tawiawmtu a nei thung a, a thing tiak phun turte an lo chhawp kual sak zung zung a ni.

Thil thing chhuan luma ei loh turte

Thil thing chhuan lum chi hauh loh, kan chhuan luma kan ei avang cancer risk tising thei a awm a ni. Kan zanriah ei bang emaw, kan tukthuan ei bang emaw, tih lum a ei nawn leh miah loh chi a awm, chutiang chu kan chhuan lum (microwave pawhin a ni tho) khan compound ti henkhat, kan hriselna atana pawithe, cancer pawh thlen thei a lo awm tawh thin. Chutiang, thil thing chhuan lum loh chi ni a Times of India-in an tarlan te kan rawn chhuah chhawng e.

1. Chawthing: Chaw (buh) thing, room temperature a a awm rei tawh chuan chhuan lum pawha thi ve mai

thei lo bacteria a lo awm hman tawh thin. Microwave pawhin, a toxin (thil tha lo) chu a bo phah tawh chuang lo. Vawi hnih khat chawhing chhuan lum ei chuan pawina em em a nei lo mai thei a, mahse, ei thanah kan nei a nih chuan pumin a la tuar ngei dawn a ni.

2. Spinach: Spinach hi chaw hrisel tak tih kan hre vek ang, mahse, a thing chhuan lum erawh ei loh tawp chi. Spinach thing chhuan lumah chuan amaha nitrates awmsa chu nitrosamines-ah a insiam a, chu chu cancer risk tisingtu compound a ni. Spinach ang bawkin nitrate pai tam kale/celery te pawh a ni tho

3. Pa: Pa (mushroom) thing-ah hian bacteria a lo tam hman thin a, kan chhuanlum sek hian amaha antioxidant awm chu a tlahnian telh telh a, protein a tibuai thei bawh.

4. Alu: Alu thingah hian bacteria a tam duh hle a, tihlumin chung bacteria chu an thi thei tak tawh chuang lo. Alu kan tih lum nawn hian a starch a tidanglam a, pum tan patawih a harsa sawt thin.

